www.MacEwan.ca/OpenHouse





Police issue warning on offender

RELEASED Police are warning the public about a violent offender recently released from custody.

Richard Ian Bolt, 33, was released

from a fiveyear sentence for offences including kidnapping, extortion and pointing a firearm. He was convict-



firearm. He Richard Ian was convict- Bolt

was proven he sadistically tortured and held his victim captive for days. Authorities consider Bolt a danger to the community, and believe a warning is within the public's best interest.

METRO EDMONTON

News on the Maye

What's this barcode for?
Learn how to scan the barcode with

the top of pa 2



Fall back Sunday

Remember

to turn clocks back 1 hour Sunday

Entertainment pg 27

Revisiting sci-fi epic V



Halloween Nightmare on 190 Street



The home of Keith Lorenz at 8319 - 190 St. is spectacularly decorated on Thursday for Halloween. Lorenz hopes to thrill trick-ortreaters this weekend with his spectacularly spooky decorations. Story, page 4.

Tale of two clinics

Health officials struggle to meet needs of H1N1-affected

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

Health officials are attempting to keep up with the growing medical needs of a vulnerable community affected by the continual spread of the H1N1 virus.

A makeshift clinic intended to arm homeless innercity residents with the vaccine was erected Friday outside Edmonton's primary shelter, the Hope Mission.

"These people don't have the means to go outside the inner-city to receive the vaccination. They deal with problems like mental illness and not knowing where to get the vaccine, or not trusting the people who give it," said Hope Mission spokeswoman Janelle Aker-Johnston. "This is something we can provide for them."

The charitable group is expecting and hoping hundreds of homeless will line up for the vaccine, as the group is truly at the mercy of transmission and effects of the virus.

The vaccine tent will op-

Vaccinations

 Officials said Thursday over 150,000 Albertans have already been vaccinated, and the province will have received 600,000 units by Friday.

erate Friday from 1 p.m. to 3 p.m., in conjunction with a street celebration and barbecue.

Alberta Health Services simultaneously opened doors to an Influenza Assessment Centre Friday, in an effort to ease the strain on family doctors and hospitals satu-

Flu **Outbreak**

rated with flu-stricken patients. The Duggan Health Centre clinic (5035 – 108 St.) will be open seven days a week, from 8 a.m. to midnight. The clinic won't be providing vaccine, rather treatment for those with flu symptoms.

The health authority recorded one more H1N1-related death Thursday, bringing the Alberta death toll since the onset of the pandemic to 13.

Widow backs Afghan mission

DEATH The widow of the latest Canadian soldier to die in Kandahar put aside her grief for a few minutes to pay tribute to her husband and to share his concern that Canadians are losing support for the mission in Afghanistan.

It. Justin Boyes, 26, who grew up in Saskatoon, was killed Wednesday in an explosion while leading a foot patrol only 10 days into his second tour of duty.

Alanna Boyes said her husband was a selfless, loving, courageous man who was a wonderful father to their three-yearold son.

Recently he told her he was worried that some Canadians are undermining the military's efforts in the ravaged country.

"Justin and I believe in the mission in Afghanistan," she said Thursday.

"One of the things that frustrated him was the lack of support from the Canadian citizens he lived to protect. He said recently, 'we're not losing this war, but if we do, it's because we lost it at home first," she said. "Please support our boys. They are making progress."

Boyes, an infantryman with the Edmonton-based 3rd Battalion, Princess Patricia's Canadian Light Infantry, was the 132nd Canadian soldier to die in Afghanistan since the mission began in 2002.

THE CANADIAN PRESS

Share**Your**Views

edmontonletters@metronews.ca

ALBERTA MBA

RSVP TO 780-492-3946



MONDAY, NOVEMBER 2

2-157, 2nd floor, Enterprise Square, 10230 Jasper Avenue

Join us at 12:00 to learn more about the Alberta MBA programs.

& KAREN WIRTANEN

EXECUTIVE ADVISOR

OFFICE OF THE DEPUTY

MINISTER, TOURISM

PARKS AND RECREATION

GOVERNMENT OF ALBERTA



News on the Meye



DOWNLOAD THE FREE SCANLIFE APPLICATION WITH VALUE SMARTPHONE AT 2DSCAN.COM

USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA

Local



How to keep Halloween safe

Health officials are warning against masks, unwrapped candy and dangerous costume props to make trick-or-treating safe this Halloween. Alberta's chief medical officer, Dr. Gerry Predy, says though parents can't control the weather, they should do all they can to ensure kids are safe this Saturday night. Additional tips can be found on the Alberta Health Services website. METRO EDMONTON

METRO INTERNATIONAL **NEWSPAPER**

Correction

HOWE A story in the Oct. 28 edition of Metro stated Gordie Howe would be taking part in a charity golf event for Alzheimer's research. It was in fact a hockey tournament. Metro Edmonton regrets any confusion this may have caused.

Edmonton tweets

@shezua Edmonton needs to take a national sick day(s) so it can all get better and resume as normal. #yeg Police & health people u have to work tho

• @Bellathaball HEY! Guys with the testosterone OD -8am is TOO EARLY for drag racing!

@Martychan13 Smart idea. A woman just walked past with a rolling chair for the H1N1 line

metrenews.ca WHAT'S ONLINE TODAY

Video Gov. Gen. Michaëlle Jean receives the Olympic flame in Greece at metronews.ca/canada **Blogs** Sexcetera on why it's called "falling in love" and not "climbing up a big hill into love," and Kenya Hunt's top five skinfriendly foods

ADVERTISE TODAY! 1 888 91 metro (63876)

Student spinners hit bikes

Relay for United Way hits snag after some participants call in sick

GWYNETH DUNSFORD

Amidst students buried in books at the University of Alberta, some local students are making efforts to keep healthy. Clad in spandex, groups took to stationary bikes vesterday for the Nestea Spinsation.

"(In) October, students don't really take care of themselves. It is mid-term time, we eat junk food and it's really not the best fuel for ourselves," said student Marie Pigarowa.

"It's a vicious cycle. We just want to raise awareness about taking care of yourself and living a healthy lifestyle."

In an attempt to raise \$10,000 for the United Way, bikers registered individually or as a team to participate in the 24-hour relay.

As they biked to the pumping music, many industrious students skimmed through textbooks resting on the handlebars. Some riders had been pulled from the library to replace students who had fallen ill.



Curtis Roth, left, Maya Cieszynska, centre, and Ann Parades ride exercise bicycles Thursday on the SUB Stage at the Students' Union Building on the University of Alberta campus as part of Spinsation 2009, a benefit for the United Way.

"I was studying and the (organizer) came and asked me if I wanted to do a spin class." said biker Curtis

"We all walked over here and everyone was dressed in spandex, and I didn't have anything. So I went and bought a pair of sweats, and I am just going to do this for an hour.

The organizers of the event faced complications after many of the registered participants phoned in sick.
"The whole afternoon,

we had people booked for all the bikes for the whole

time," said organizer Katie Berg. "But just in this last week, so many people in (the school of) business and from the whole campus have the flu.

'We will see what happens. Hopefully some of them will be able to come

Man, 46, facing child porn charges

CRIME A Fort

Saskatchewan man has been charged after he was allegedly caught in possession of child pornography, police said Thursday.

After an 11-month investigation sparked by a complaint, Mounties charged 46-year-old William Beck with one count of possession of child pornography.

Police released few details of the investigation Thursday, as Beck's charges are now before the courts.

He is set to appear in Fort Saskatchewan Provincial Court Feb. 18.

> VICTORIA HANDYSIDES/ METRO EDMONTON

Wage freeze OK'd for AHS workers

SAVINGS Another group of civil servants faces salary caps as Alberta Health Services has approved a two-year salary freeze for its management and nonunion staff.

Two weeks after Premier Ed Stelmach pledged to cap senior bureaucrats wages, the province's largest employer handed down this decision yesterday afternoon.

After a meeting in Red Deer, the board of directors voted to save \$12 million in salary costs next year. Once the freeze comes into effect in April, 8,000 AHS employees will be affected. METRO EDMONTON

m.metrenews.ca



Scan this barcode for more Local news on your smartphone. Learn how to scan the barcode w the instructions at the top of this page

Premier rejects report urging heavy carbon levies

ENVIRONMENT Premier Ed Stelmach is rejecting a new report that calls for a massive wealth transfer Alberta from and Saskatchewan as part of a plan to reduce Canada's carbon emissions

Stelmach told reporters there won't be another wealth transfer to Ottawa under his watch.

The premier says the federal equalization program has already resulted in a net transfer of \$117 billion from Alberta to Ottawa over the last decade

The report, by the Pem-Institute and the David Suzuki Foundation, says Ottawa will have to drain billions of dollars from energy-rich Alberta and Saskatchewan

through carbon levies to meet its greenhouse gas-reduction targets.

But Stelmach says Alberta is suffering through a recession just like every other province and "you can't get blood out of a rock."

The premier says people should be talking about creating new technology to reduce emissions rather than just sending money to another jurisdiction.

THE CANADIAN PRESS



You can do that here.

Explore your options at www.pace.concordia.ab.ca 1.866.479.5200

7128 Ada Boulevard Edmonton, Alberta, T5B 4E4

Mihalcheon CONCORDIA School of Business

Open the doors to many career paths with Concordia's Master of Information Systems **Security Management.** Graduates work in the fields of IT Security, Auditing, Risk Management, and Privacy Compliance

Concordia's innovative **Bachelor of Management**

program prepares you for a broad range of leadership opportunities in business, education, government and health, or for professional designations or graduate studies

Concordia also offers Bachelor programs in Arts, Sciences, Education and Environmental Health

CANADA'S MOST RELIABLE NETWORK.



BEST SURFING. START TO FINISH.

Even if you're out and about, you deserve the information you want when you want it. That's why Rogers built Canada's most reliable network. Independent research shows we consistently provide the best mobile surfing available. We also have the fewest dropped calls and the clearest reception in Canada. So whether you're surfing or calling, you can trust Rogers to make your connections as strong as they can possibly be.



Visit rogers.com/reliable for details.



4 loca

Edmonton gets nod for pet strategy
Thursday for its public education about pet

The city received a national award Thursday for its public education about pet ownership from The Summit for Urban Animal Strategies. METRO EDMONTON



Keith Lorenz has added a "sinister-looking" butler to his Halloween-landscaped home this year.

Enter, if you dare ...

Man goes to the depths for that 'little bit of fear'

GWYNETH DUNSFORD for Metro Edmonton

A west-end home becomes a nightmarish landscape every year thanks to Halloweenenthusiast Keith Lorenz. Populated by gargoyles, tombstones and a brutish butler, Lorenz hopes his home will thrill trick-ortreaters this year.

"The entire frontyard is surrounded by a homemade, wrought-iron fence which I made out of bits and pieces of plastic pipe and wood. This year I added our butler, Alfred. He is about five-10 and he will be greeting people by the door here. He has a very old mottled face, and he's hiding in the shadows. He is kind of a sinister-looking brute."

Citing his daughter as the inspiration behind the haunted house, Lorenz holds a deep affection for the season of Halloween.

"I think that there is a thing in everybody that likes the unknown," Lorenz said. "Kids like it, and I think adults like it too. It's just this time of year brings out the feeling in people. There is that excitement and heightened expectation of getting a little bit of fear that gets the adrenaline going."

While Lorenz typically only sees 80 trick-or-treaters a year, he hopes to welcome many more to his open house Saturday night. The public is welcome to visit from 7 p.m. to midnight at 8319 190 St., NW.

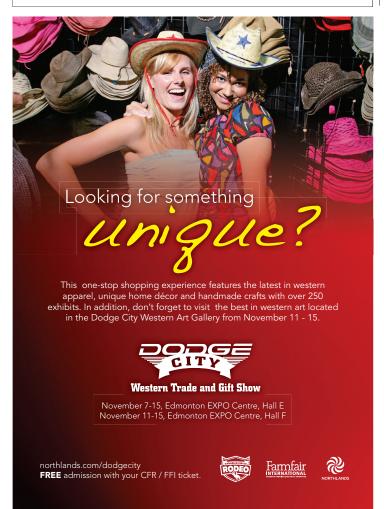


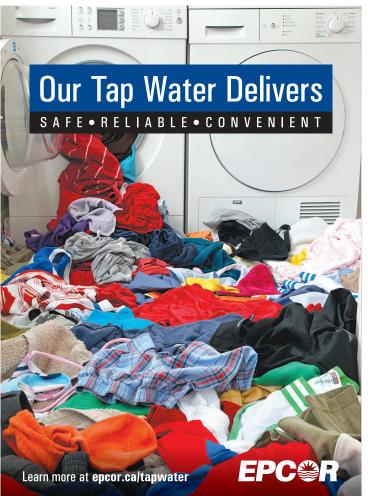
Make it happen with transfer credit from Athabasca University.

At Athabasca University, our transfer credits can help you expand your academic options.
 Just ask Marc, who is on track to finish his degree at an Ontario university a year early. He's doing this by taking some AU courses online during the summer while he works full-time, and is applying his AU course credits towards his degree.
 AU offers over 700 courses delivered online and at a distance. And our flexible start times mean you can fit your course work into your schedule.
 Transferability. Another reason why AU stands out as a global leader in distance learning excellence.

standout: www.athabascau.ca/standout

Athabasca University







SALE STARTS OCTOBER 30TH UNTIL NOVEMBER 1ST



6

With hospitals full, parents told to keep kids home

Doctors at Montreal's children's hospitals are urging parents of children with mild flu symptoms to treat them at home, CBC News Online reports. Doctors at the Ste. Justine and Children's hospitals say their emergency rooms have been operating at 180 per cent capacity because of a spike in visits from parents worried their children have contracted H1N1. METRO NEWS SERVICES

Canada



MLA stabbed with pen

A Saskatchewan Party MLA was stabbed as many as seven times with a pen as he fended off someone trying to steal his car on Thursday, CBC News Online reports. Lyle Stewart, 58, was on his way to work at legislature in Regina when the attack occurred around 8:30 a.m.

Deadly delays?

Grits turn up heat on Tories

Delays have cost lives.

That's the Liberals' message as they take the Harper government to task over its handling of the vaccine to fight the H1N1 influenza virus (also known as swine flu).

Liberal MP Bob Rae

Liberal MP Bob Rae asked Health Minister Leona Aglukkaq if she realized people have died and will die — because of delays in ordering and rolling out the vaccine.

"Does she not understand that these delays have cost, and will cost, lives?" Rae said Thursday.

Industry Minister Tony Clement answered the first two questions for Aglukkaq, telling the House of Commons that six million doses of vaccine were to be delivered by Friday

"By the end of next week, there will be an additional three million doses for a total of nine million doses for Canadians," Clement said.

But later, Rae again accused the Tories of foot-dragging on the vaccine.

"There are people who, unfortunately, have succumbed to the disease," he said. "I think it's a reasonable thing to say that if they'd had the vaccine, it's quite possible their lives could have been saved."

Thousands of Canadians have been vaccinated since Aglukkaq approved a new H1N1 vaccine late last

THE CANADIAN PRESS



This photo of a courtroom artist sketch shows Desire Munyaneza as he stands to hear the Quebec court sentence of life imprisonment with no parole for 25 years in Montreal on Thursday.

Canada's war crimes legislation gets first conviction

GENOCIDE A Canadian judge has imposed the toughest sentence possible on a man convicted of committing atrocities during the 1994 Rwandan genocide, described as the worst possible crime a human being can commit.

In a historic case, Desire Munyaneza was sentenced Thursday to life imprisonment without possibility of parole for 25 years.

The case was followed closely by international legal observers because of the implications it could have on similar prosecutions both here and

He is the first person

convicted under Canada's Crimes Against Humanity and War Crimes Act, enacted in 2000.

Munyaneza's crimes included raping women, participating in the slaughter of hundreds inside a church and using sticks to beat children tied in sacks.

THE CANADIAN PRESS

Harper's ads not working: Poll

STIMULUS A new poll suggests the Harper government's multimillion-dollar, taxpayer-funded ad blitz to promote its stimulus plan doesn't seem to be having the desired effect.

Less than a third of respondents to the poll said they were aware of any stimulus projects underway in their areas.

THE CANADIAN PRESS

News in brief

H1N1 Delivery of H1N1 vaccine to the provinces will slow a bit over the next couple of weeks because the manufacturer was asked to make special batches for pregnant women, Canada's chief public health officer said Thursday, adding he couldn't predict how much vaccine will flow to provinces over the next two weeks. THE CANADIAN PRESS

IMPORTANT INFORMATION



Public Health Agency of Canada

Agence de la santé publique du Canada

PROTECT YOURSELF AGAINST THE H1N1 FLU

Health Canada has approved the vaccine against the pandemic H1N1 flu virus.

Scientific studies have shown that this vaccine is safe and effective.

Getting vaccinated is the best way to protect yourself and the people around you from getting infected with H1N1 flu.

This vaccine will be available for every Canadian. To find out where you can receive it, please check with your provincial and territorial public health authority.

For more information on the H1N1 flu and the vaccine, go to www.fightflu.ca or call 1 800 O-Canada.















Canadä[†]





canada

A cellphone was instrumental in helping searchers find a hunter who went missing in the woods in central Newfoundland Wednesday evening. The RCMP said they received a call from a man who was lost in the woods near Bishop's Falls and they triangulated his location by his cellphone. CBC NEWS ONLINE

Premiers warn of monopoly

Hydro-Quebec signs \$5B agreement to purchase NB Power

Hydro-Quebec would get the majority of NB Power's assets under a proposed agreement worth nearly \$5 billion signed Thursday by New Brunswick **Premier Shawn Graham** and Quebec Premier Jean Charest.

The premiers of Nova Scotia and Newfoundland and Labrador have warned the deal would give Hydro-Quebec a monopoly that could hinder other power development in the region.

But Graham says there will be opportunity for public debate before the closing date of the deal at the end of March 2010.

According to the memorandum of understanding, Hydro-Quebec would buy the assets for \$4.75 billion an amount equivalent to NB Power's debt - giving Quebec greater capacity to export power to the United States.

Those assets include transmission lines, offices and most generation facilities including the Point Lepreau nuclear power plant.



Quebec Premier Jean Charest, left, and New Brunswick Premier Shawn Graham sign a memo of understanding regarding the takeover of NB Power by Hydro-Quebec in Fredericton Thursday.

"This agreement ... will also provide Quebec with a strategic geographic posi-tion with regards to the markets of Atlantic Canada New and England,' Charest said.

Graham lauded the benefits it would bring to his province. "The elimination of NB Power's massive debt will help us attain self-sufficiency and relieve our children and grandchildren of this burden," he said. "Homeowners will see rates much lower than under the status quo, and we will now share Quebec's competitive industrial rates." THE CANADIAN PRESS

CSIS boss admonishes romanticizing terrorists

CSIS is the

Canadian spy

agency - sim-

ilar to the CIA

CRIME The head of Canada's spy agency says people accused of terrorism are too often portrayed as romantic revolutionaries.

Richard Fadden CSIS called today for a more nuanced debate, saving Canada is not immune from extremism.

He said Canada in the U.S. has a serious blind spot when comes to genuine discus-

sion of the terrorist threat. As a result, the public often sees young people charged with plotting violence as too naive to carry out such deadly acts.

Fadden was addressing a conference of academics and security officials.

A longtime bureaucrat, Fadden took over as CSIS director in late June.

In July, the CSIS watchdog said CSIS may need major changes after finding it ignored concerns about human rights and Omar Khadr's young age in deciding to interview the Toronto-born teen at a U.S. military prison.

The Security Intelligence Review Committee called for "guidance and advice" from Public Safety Minister Peter Van Loan to help the spy service meet legal and public demands in the post-9-11 world.

THE CANADIAN PRESS

News in brie

BORDER TERRORISM The new U.S. ambassador to Canada, David Jacobson, says he's confident the two countries can find a way to protect their borders against foreign terrorist threats without hampering free trade.

Apartment Finder

EXTRADITION The Supreme Court of Canada won't hear an other appeal from a fugitive banker, Rakesh Saxena, who has been fighting extradition to Thailand since 1996— one of the longest in Canadian histo-THE CANADIAN PRESS

BUY ONE, GET ONE FREE!





Visit one of our Edmonton locations today!

3604 Gateway Boulevard 5011-25th Street 17635 Stony Plain Road 10803-104 Avenue NW 44-975 Broadmoor Boulevard

◆ OPEN 24 HOURS TO SERVE YOU BETTER >

2 FOR 1

Buy one entrée, get one FREE

*With purchase of any 2 drinks.



eek. Not valid for the Value Breakfast menu or the Value Dinner menu. Not valid on holidays. Offer expires Nov. 20, 2009. One coupon per person, per visit. Not valid with any other promotion or offer. Not valid for alcohol Taxes and gratuity extra. © 2009, DFO, Inc

2 FOR 1

Buy one entrée, get one FREE

*With purchase of any 2 drinks



veek. Not valid for the Value Breakfast menu or the Value Dinner menu. Not valid on holidays. Offer expires Dec. 4, 2009. One coupon per person, per visit. Not valid with any other promotion or offer. Not valid for alcohol Taxes and gratuity extra. @ 2009, DFO, Inc

2 FOR 1

Buy one entrée, get one FREE

*With purchase of any 2 drinks



*Valid at participating locations only. Offer valid 7 days a week. Not valid for the Value Breakfast menu or the Value Dinner menu. Not valid on holidays. Offer expires Dec. 18, 2009. One coupon per person, per visit. Not valid with any other promotion or offer. Not valid for alcohol. Taxes and gratuity extra. @ 2009, DFO, Inc.

To advertise contact Yvonne Markey at 780-701-0347

realstar management **UNDER NEW MANAGEMENT**

> PARK SQUARE APARTMENTS 10001 BELLAMY HILL

1+den & 2bd air conditioned suites with in-suite laundry, and modern décor. Heat and water included, fitness facility. Convenient downtown living!

780-423-3540 | www.realstar.ca



Father was killed in Detroit-area shootout

The son of the slain leader of a radical Detroit-area Islamic group was arrested in Canada on Thursday.

His capture came a day after the FBI arrested several members of the group and a raid at a suburban warehouse ended in gun-

The FBI asked for the public's help in catching two of the 11 suspects in the case still at large.

And they emphasized that the group, a faction of the radical U.S. Sunni

"Any Muslim ... would not recognize this as the Muslim faith."

FBI's Andrew Arena

Islamic group Ummah, held beliefs that were not at all representative of mainstream Islam.

"Any Muslim who took a look at what these people believed would not recognize this as the Muslim faith," said Andrew Arena,

the head of the FBI in Detroit.

The RCMP arrested Mujahid Carswell, 30-year-old son of slain leader group Luqman Ameen Abdullah, across the Detroit River in Windsor, Ont., where Carswell lived, the FBI said.

Abdullah, 53, was killed during a shootout Wednesday with federal agents

He was one of 11 people named in a criminal complaint.

THE CANADIAN PRESS

Harper PM gets two young votes



Prime Minister Stephen Harper gets a hug from Aaron Schogl during a visit to an art class while on a tour of the Still Creek home of the Burnaby Association for Community Inclusion in Burnaby, B.C., on Thursday. Harper was highlighting the federal government's Registered Disability Savings Plan (RDSP). Coty Lapschies looks on.

Teens apologize for rampage plot

CRIME Two teens who plotted to corral students in a Winnipeg school auditorium and randomly open fire apologized Thursday for proposing the rampage.

Lawyers asked that the 17-year-old male and his girlfriend, 18, who have pleaded guilty to conspiring to commit murder, be handed a two-year jail term. Neither can be identified under a court order.

The teens have agreed to be sentenced as adults, though lawyers are asking that they serve their terms in a youth facility.

THE CANADIAN PRESS

Montreal wins the sleaze vote

VOTERS A most memorable slogan for Montreal's miserable mayoral race was splashed across the cover of this week's Maclean's magazine:

'Montreal is a corrupt, crumbling, Mob-ridden dis-

That headline brutally summed up one of the most bizarre municipal elections in memory.

The election has featured a disheartening drip of tales about Mafia influence in politics, inflated

construction contracts and widespread corruption.

The steady slew of sleaze has gripped voters heading to the polls Sunday.

Take Thursday's newspa-

There was one report about a police investiga-tion into a 330-metre stretch of road that cost almost \$900,000.

There was another story about a fearful construction boss saying he was threatened by rivals.

THE CANADIAN PRESS

Friday, October 30th to Sunday, November 1st



\$99.99 ALL MEN'S SHOES BY CLARKS & BOSTONIAN

\$29.99 MEN'S DRESS SHIRTS BY BCBG

\$24.99

PLUS 30% OFF ALL OTHER MEN' DRESS SHIRTS & Excludes Hudson



MEN'S & WOMEN'S SLEEPWEAR AND ROBES

Excludes Hugo Boss, Midnight by Carole H Oscar Pink, Josie by



40% OFF ALL WATCHES BY SEIKO

PLUS 25% OFF PLUS 25% OFF WATCHES BY BULOVA, CARAVELLE CARDINAL, CASIO, CITIZEN, ESPRIT, LEVI'S, PERRY ELLIS & TIMEX Excludes Ironman & Expedition. Off our regular prices.



50% OFF

10 KT., 14 KT. & 18 KT. GOLD, DIAMOND, **GEMSTONE** CUBIC ZIRCONIA & CULTURED PEARL JEWELLERY

Excludes Everyday Bay Value items, Manufacturers' Specials, EFFY Last Call & Red Tag Off our regular prices.



25% OFF

BALI, OLGA, LILY OF FRANCE, TRIUMPH, BLUSH & MAIDENFORM





i will vary by store. Savings are off our regular prices, unless otherwise specified. Everyday Bay Value, jest-reduced, Power Buys, Manager's Specification chairly merchandise are accluded. When you see "POWER BUY" or "Manager's Special" you will sow we have found an exception.

AREL VALUE on the price toket and/or a sign, so you will see the price another retailer in Canada charges or wood filely charge for the same or you and Manager's Specials and items located in any "Syle Outlet" in-store departments are limited and may vary from store to store — no similar.

Publisher, Steve Shrout Managing Editor, Harry Hodge

Sales Manager, Cheryl Skogg Distribution Manager, Jim Hillman METRO CANADA Group Publisher, Bill McDonald Assoc Managing Editor, Tarin Elbert Enter/Lifestyle Editor, Dean Lisk Asst Managing Editor, Amber Shortt Art Director, Laila Hakim National Sales Director, Peter Bartrem Interactive/Mrktng Director, Jodi Brown

Comment & Views

Comment

Innovation should be priority No. 1



f we are going to realize our potential as a city, we are going to have to be really smart about how we do things. We will need to evaluate alternate ways of providing services and maintaining infrastruc-ture. We will have to decide if we want to be the model for a 21st-century city or a civic backwater.

A positive indication that we are on track to becoming a much more effective and interesting city is the hiring of Simon Farbrother

as the new city manager.
Farbrother was hired away from Waterloo, Ont. Though Waterloo is much smaller than Edmonton, like Edmonton, it's part of a regional municipal district with a number of communities that must work together. His success in Waterloo bodes well for Edmonton.

Though only time will tell, I think we may have just picked a winner. One of his major achievements during his time in Waterloo was to have the city named Intelligent Community of the year in 2007 by the Intelligent Community Forum (ICF). This was no small feat.

Each year, the ICF selects communities from around the world for its list of the

Top Seven Intelligent Communities. The criteria for selection include significant use of broadband communications, how well the community enables a knowledge workforce and its efforts in promoting digital democracy.

We are lucky to be get-ting Farbrother because those are important things in the 21st century, and their value to Edmonton's future cannot be underestimated. However, some of the other criteria for selection are even more important. One of them is the ability to foster innovation.

We could do with a lot more transformative innovation in this city. Much of what we have done that has passed for innovation has simply amounted to doing the same old things in a more efficient or effective manner. We are a city in need of transformative change. We cannot tinker with an old model and expect it to meet the demands of an increasingly challenging and complex

It has been said that managers do the right thing and leaders know the right thing to do. Goodness knows we have precious little leadership on city council right now.

Let's hope that in spite of his title, Farbrother is much more leader than manager. If that's the case, he will soon show that he is well worth his \$300,000

Terence Harding is a corporate communicator. He's a keen observer of all things Edmonton; edmontonletters@metronews.ca.

Worth mentioning

Needles give some people high anxiety

Flu **Outbreak**

As Canadians roll up their sleeves for the H1N1 vaccination, there will likely be a few faces in the long lineups cringing at the thought of what's to come - perhaps not the vaccine itself,

but the delivery method. Needles have been known to elicit tears and even fainting episodes among those queasy, anxious or fearful about being pricked. And experts say festering thoughts of potential imminent pain from a shot could weigh on some people's decisions about in the first place.

"I think people may have concerns about vaccines for a variety of reasons, but pain and the actual fear of getting the injection is of-ten the barrier that prevents people from getting the vaccine," said pediatric psychologist Christine Chambers, a Canada Re-search Chair in pain and child health, based at Dalhousie University and the IWK Health Centre in Halifax.

"Certainly people who are anxious in general are more likely to be fearful about other consequences and other side-effects that



Evan Moore, 5, covers his mouth to avoid crying while getting a flu shot this week in Belleville, Ont.

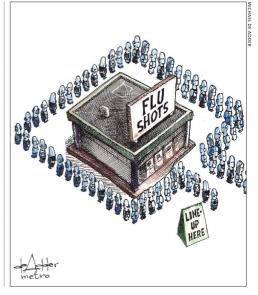
they see might be associated with the vaccine."

Five to 10 per cent of people will admit to not getting vaccinated because of pain, said Anna Taddio, an adjunct scientist and pharmacist at Toronto's Hospital for Sick Children.

Chambers and Taddio say there are strategies that can help effectively reduce pain as well as anxiety, particu-

larly among young people. Chambers recommends parents purchase a topical anesthetic cream that can significantly reduce pain. Taddio suggests applying a numbing cream 30 minutes beforehand.

For infants, breastfeeding during injections can help reduce pain. Distracting a child's attention from pain could include talking to or giving small toys to babies and young kids, or bringing a small DVD player or iPod along. THE CANADIAN PRESS



Tell us your views by email to edmontonletters@metronews.ca or comment on metronews.ca or on Twitter @metroedmonton

METRO Edmonton 10123 – 99 Street NW, Edmonton, AB T5J 3H1, Tel: 780-702-0592; Advertising: adinfo

Credit Doctors

Get the credit you need for the car you deserve

Get pre-approved today, Good Credit, Bad Credit, No Credit!

Call 780.449.5777 Toll Free 1.800.559.4972

CANADA'S KIA SUPERSTORE! HOURS: Monday-Friday 9-9, Saturday 9-6, Sunday 11-5





Fifteen California state legislators have signed a letter supporting the extradition of Roman Polanski to Los Angeles to face his decades-old child-sex conviction. THE ASSOCIATED PRESS

World

Clinton talks tough to Pakistan

U.S. Secretary of State Hillary Rodham Clinton said Thursday that Pakistan squandered opportunities over the years to kill or capture leaders of the al-Qaida terrorist network responsible for the Sept. 11, 2001, attacks.

While U.S. officials have said they believe Osama bin Laden and senior lieutenants have been hiding in the rugged terrain along border Afghanistan, Clinton's unusually blunt comments went further as she suggested that Pakistan's government has done too little to act against al-Qaida's top echelon.

I find it hard to believe that nobody in your government knows where they are and couldn't get them if they really wanted to," Clinton told Pakistani journalists in Lahore. "Maybe that's the case. Maybe they're not gettable. I don't know."

With the country reeling from Wednesday's devastating bombing that killed at least 105 people in Pe-shawar, Clinton also engaged in an intense giveand-take with students at the Government College of Lahore. She insisted that inaction by the government would have ceded ground to terrorists.

"If you want to see your

territory shrink, that's your she said, adding that she believed it would be a bad choice



U.S. Secretary of State Hillary Rodham Clinton, middle, is escorted by Pakistani Rangers at the Igbal Memorial in Lahore, Pakistan, Thursday.

On Clinton's flight to Islamabad, U.S. Ambassador Anne Patterson said Clinton's remarks to the Pakistani journalists approximate what the Obama administration has told Pakistani officials in private set-THE ASSOCIATED PRESS m.metrenews.ca



News in brief

SOMALIA A British man kidnapped by Somalian pirates while vacationing on a yacht with his wife said in an interview Thursday that the bandits had crept aboard while he was asleep and demanded money. Paul Chandler told Britain's ITV News by phone that he and his wife were being held aboard a container ship off the Somalian coast. LOS ANGELES A gunman shot and wounded two men outside a Hollywood synagogue Thursday. There was no immediate word on motive, but investigators were trying to determine whether the shootings were a

hate crime. THE ASSOCIATED PRESS

Cash for kids in Argentina

POVERTY Argentina's President Cristina Fernandez decreed Thursday that Argentina will provide direct cash subsidies of about \$50 a month per child to families whose parents are unemployed or work infor-

She said her antipoverty program will cost the social security system nearly 10 billion pesos — about \$3 billion a year — money that will come from the public pension system that was nationalized last year.

Fernandez said the subsidy will be provided for up to five children per family until they are 18 years old, and there's no age limit with disabled children. Parents need only prove that their children attend school and are vaccinated.

According to the Argentine government, poverty fell to 13.9 per cent this year, compared to 17.8 per cent in mid-2008.

This conflicts with data gathered by the Catholic University of Argentina, which found that 44 per cent of households don't have enough income to pay for food, health care, clothing, taxes and servic-THE ASSOCIATED PRESS



30% OFF DENBY CARAMEL

DINNERWARE

Off our regular pri PLUS 20% OFF ALL OTHER

50% OFF

PLUS 40% OFF

§11.99

Reg. \$19.99

TI.99
ALL BATH
TOWELS BY
RALPH LAUREN
LAWTON,
WAMSUTTA
BAMBOO,
NAUTICA J CLASS 8
GLUCKSTEINHOME

MIKASA CHEERS TEMWARE off our regular pri



\$500 OFF \$**199.99** LAGOSTINA VERBANIA 17-PCE COOKWARE SET

Reg. \$699.99

PLUS 50% OF

\$99.99



13-PCE. KNIFE BLOCK SET Reg. \$159.99

PLUS 25% OFF ALL FLATWARE









Selection will only storp. Surging and four regular groups of controlling Selection of the Selection Selection of the Selection Selectio

12 world

Report: Americans getting better at conserving water

Americans are using less water per person now than they have since the mid-1950s, thanks to water-saving technologies and a push to safeguard dwindling supplies. A report by the U.S. Geological Survey also shows that the general population are sucking up less water overall than in 1980, when the nation's thirst for water peaked. THE ASSOCIATED PRESS

Passports possibly linked to 9-11 found

Pakistani soldiers battling their way into a Taliban stronghold along the Afghan border have seized passports that may be linked to 9-11 suspects, as they confront an enemy skilled in operating in a mountainous terrain with endless ways to wage a querrilla war.

The military on Thursday took journalists for a first inside the territory since it launched a ground offensive here in mid-October. The U.S.-backed operation is focused on a section of the tribal region where the Pakistani Taliban are based and are believed to shelter al-Qaida.

Soldiers displayed passports seized in the operation, among them a German document belonging



A seized Moroccan document of Spanish citizen Raquel Burgos Garcia recovered during military operations against Taliban militants is displayed Thursday.

to a man named Said Bahaji. That matches the name of a man thought to have been a member of the Hamburg cell that conceived the lieved to have fled Germany shortly before the attacks in New York and Washington.

The passport included a tourist visa for Pakistan and a stamp indicating he'd arrived in the southern city of Karachi on Sept. 4, 2001.

Another passport, from Spain, bears the name of Raquel Burgos Garcia. Spanish media have reported that a woman with the same name is married to Amer Azizi, an alleged al-Oaida member from Morocco suspected in both the 9-11 attacks and the Madrid train bombings in 2004.

Her family in Madrid has had no news of her since 2001, according to Spanish media. Her passport included visas to India and Iran.

THE ASSOCIATED PRESS

Washington **Hammering away**



U.S. House of Representatives Speaker Nancy Pelosi and Rep. John Dingell hold the gavel used by Dingell as speaker pro tempore when Medicare passed in 1965, during the announcement of a retooled U.S. health care overhaul bill Thursday.

Argentina begins debate

BUENOS AIRES Is Argentina ready to become Latin America's first nation to legalize gay marriage?

Gay and lesbian activists think so — and they have a growing number of supporters in Congress, which opened debate Thursday on changing dozens of laws that define marriage.

It remains to be seen whether they have enough votes to overcome opposition from religious groups. Canada is the only na-

NE104G209 © 2009. Sears Canada Inc.

SameSex Marriage

tion in the Americas where gay marriage is fully legal; the Spanish-speaking world, only Spain has taken this step. Argentina's capital established its gayfriendly reputation in 2002 by becoming the first Latin American city to legalize same-sex civil unions.

THE ASSOCIATED PRESS

News in brief

CALIFORNIA A Sacramento County jury has awarded \$16.5 million US to the family of a 28vear-old woman who died after participating in a radio station's water-drinking contest. Jennifer Strange, a mother of three, died of acute water intoxication in January 2007 after the challenge to see which contestant could drink the most water without going to the bathroom. On Thursday, jurors found Philadelphiabased Entercom Communications Corp. and its Sacramento subsidiary liable for the actions of its employees at Sacramento radio station KDND-FM. The station fired 10 employees after the death. During the trial, Entercom argued that Strange should have known the contest could be dangerous.

NUCLEAR Iran's president pledged Thursday to work with the West to resolve a standoff over its nuclear program even as his country reportedly balked at a U.S.-backed deal to limit its uranium enrichment and curb its ability to make a nuclear warhead. The disconnect between the words of President Mahmoud Ahmadinejad and Tehran's decision reflected the difficulties facing international negotiators trying to persuade Iran to give up enrichment.

THE ASSOCIATED PRESS

mogo

borrow up to \$1500 instantly for free!

mogomoney.com » absolutely no strings attached and no hidden fees

Go Ahead. **Launch Your Life!**

If you're looking for a new career, this is the place for you. Learn everything you need to choose your career programs of study, and get on your way to a life you want. Academy of Learning gives you lots of choices and flexibility. Get in the workforce quicker in less than one year.

Call Today, and Start Training Right Away!

- · Business Administration
- Medical Office Assistant / Unit Clerk Specialty
- · Government of Alberta Health Care Aide
- · Pharmacy Technician *
- · Hotel & Tourism Management Studies
- Office Administration
- · Legal Administrative Assistant
- · Computerized Payroll Accounting
- · Web Designer
- · Network Administrator
- PC Support Specialist
- · Multimedia Developer for the Internet
- · and more!

* May not be available at all locations. Financial Assistance may be available to those who qualify!

Edmonton Downtown .. (780) 424-1144 Edmonton South (780) 433-7284 West Edmonton Mall ... (780) 496-9428





Love not in flight at Brazilian airport

A German man reported-ly dumped by a Brazilian woman he met on the Internet has been living in an airport for 13 days and isn't saying when he will leave.

The man, identified by

Muller, is out of money, according to airport workers, some of whom bring him meals.

The 46-year-old former pilot passes the time wandering the airport in city about an hour's drive from Sao Paulo, or using his laptop perched on a luggage cart

Occasionally he speaks to workers and passengers in basic Portuguese mixed

with some Spanish. Muller arrived in Rio de Janeiro on Oct. 2 and can stay as long as he breaks no laws, said a spokesman for Brazil's civil aviation authority.

spokesman also The

confirmed reports that Muller said he ended up at the airport after being dumped by a woman living nearby. He visited af-

ter meeting her on the In-

ternet.

THE ASSOCIATED PRESS

News in brief

BOOK Barack Obama seriously considered Hillary Rodham Clinton for the U.S. vice presidency, even though his top aides were not enthusiastic about it, his campaign manager says in a new memoir. Portions of the book by David Plouffe were published Thurs-THE ASSOCIATED PRESS



RBC Royal Bank®



This isn't the time to get just any mortgage. It's time to get the right one.

BEST RATE OFFERS RBC Homeline Plan⁶

5 Year Variable Rate Closed1 2.25% Line of Credit²

Now is the time to consult an RBC° Mortgage Specialist. RBC advice can help you take advantage of current interest rates, through an RBC Homeline Plan: a flexible mortgage that's part fixed – for peace-of-mind – and part variable – so you can benefit from today's low rates. And we can recommend one of the best priced lines of credit available in the market today. To take advantage of our advice, and our rates, talk to an RBC Mortgage Specialist today. Visit a branch or rbc.com/mortgageadvice



CREAT

A FUTURE WITH PEACE OF MIND

Proud Presenting Partner of the Vancouver 2010 Olympic Torch Relay.

^{™2009,} VANOC. All Rights Reserved. Personal lending products and residential mortgages are offered by Royal Bank of Canada and are subject to standard lending criteria. Some conditions apply. * Rates shown are Royal Bank of Canada's best rates based on current promotions offered to the general public. Offer may be changed, withdrawn or extended at any time without notice. Not available in combination with any other rate discounts, offers or promotions. 1 Interest rate for the variable rate closed mortgage is our prime rate. The interest rate will change as our prime rate changes. APR 2.29%. The Annual Percentage Rate (APR) is based on a \$100,000 mortgage for the term indicated and assumes certain cost of borrowing charges (for example, appraisal charges). If there are no cost of borrowing charges, PR and annual interest rate will be the same. 2. Interest rate for the line of credit is based upon Royal Bank of Canada's prime rate, plus 0.5%. Prime rate as of October 19, 2009 is 2.25% and will change as our prime rate changes and without notice. ® Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

European Union divided on climate aid EU leaders couldn't agree on how much to offer poorer nations to help fight climate change. THE ASSOCIATED PRESS

Obama pays tribute to fallen troops

Standing in the pre-dawn darkness, U.S. President Barack Obama saw the real cost of the war in Afghanistan: The Americans who return in flag-covered cases while much of the nation sleeps in peace.

In a surprise midnight dash to this Delaware base where U.S. forces killed overseas come

home, Obama honoured the return on Thursday of their families bear 18 fallen Americans. All were killed in Afghanistan this week, a brutal stretch that turned October into the most deadly month for U.S. troops since the war. war began.

"The burden that both our troops and their families bear in any wartime situation is ... something that I think about each and every day."

U.S. President
Barack Obama
Dale R. Gri

"It was a sobering reminder of the extraordinary sacrifices that our young men and women in uniform are engaging in every single day, not only our troops but their families as well." Obama said later, hours after his return to the White House. "The burden that both our troops and their families

bear in any wartime situa-

tion is going to bear on

how I see these conflicts, and it is something that I

day."

The dramatic image of a

The dramatic image of a president on the tarmac was a portrait not witnessed in years.

Former President George W. Bush said the appropriate way to show his respect for war's cost was to meet with grieving military families in private, as he often

did, but he never went to Dover to observe the remains coming off the cargo plane.

Obama did so with the weight of knowing he may soon send more troops off to

Dale R. Griffin, an Army sergeant from Indiana was the last fallen soldier to come before Obama. His remains were the only ones be honoured in full view of the media. An 18-year ban on such coverage, dating to the 1991 Gulf War and strengthened by Bush, was relaxed this year under Obama's watch, allowing families to decide whether cameras can document the return.

Nearly two-thirds have said yes. THE ASSOCIATED PRESS

Couple charged with rape, kidnapping appear in court

ABDUCTION The couple charged with kidnapping and raping Jaycee Lee Dugard made a brief court appearance Thursday for a hearing that gave two people with personal stakes in the case their first glimpses of the defendants in court.

Phillip and Nancy Garrido were in El Dorado County Superior Court for two minutes before they were ordered to return for another case update on Dec. 11.

Nancy Garrido smiled at her attorney, while Phillip Garrido kept his eyes on the judge.

They have pleaded not guilty. Their defence lawyers did not make any statements.

Neither Dugard nor any members of her immediate family went to the hearing.

But it was attended by

• The couple have been charged with abducting

charged with abducting Jaycee Lee Dugard from a school bus stop when she was 11 years old and then holding her captive in the backyard of their Antioch home for 18 years, along with Dugard's two daughters, who were fathered by Phillip Garrido.

the woman Phillip Garrido was convicted of raping and kidnapping in 1976, as well as a Southern California man who says he is Dugard's biological father.

Callaway Hall was kidnapped in her car and driven to a Nevada storage shed where Phillip Garrido raped her for hours. He served 11 years in prison for the attack before being released on parole.

THE ASSOCIATED PRESS



World's largest rubber band ball to go on display

Joel Waul's rubber band ball — declared the largest in the world in 2008 by The Guinness Book of World Records — will soon be on display. A team from Ripley's Believe It or Not came to his Florida house with a crane and hauled the six-foot, seven-inch tall, 9,032-pound ball away, to be displayed in a yet to be determined museum. THE ASSOCIATED PRESS



Fighter jets almost deployed on wayward plane The U.S. military would censes of the pilots censes of the pilots cials told military com- ciation, meanwhile, sent

The U.S. military would have launched fighter iets to track down an errant Northwest Airlines flight that overshot its destination if officials had been notified sooner, a top commander said Thursday as federal authorities defended the decision to revoke the li-

involved.

Gen. Gene Renuart, who heads U.S. Northern Command, said he learned of the incident just four or five minutes before the Federal Aviation Administration regained contact with the pilots, who flew 150 miles past their desti-

Major distraction

• The pilots of the wayward plane told safety investigators they lost track of time and place while using their

nation, Minneapolis. Renuart said fighter jets laptops to work out crew schedules. They were out of contact with air traffic controllers for 91 minutes.

way and should have been airborne, but they were held back when FAA offimanders they thought they were re-establishing contact with the flight.

The military's revelations came as Transportation Secretary Ray LaHood told reporters that the public deserves more professionalism from pilots.

The Air Line Pilots Asso-THE ASSOCIATED PRESS

ciation, meanwhile, sent letters Thursday to the National Transportation Safety Board Chairman and an FAA Administrator complaining that the agencies had released details of the incident to the media before the investigations are complete.

U.S. involved in Honduras coup?

WASHINGTON Republican leaders in the House of Representatives asked congressional investigators on Thursday to determine whether the U.S. State Department and the U.S. ambassador to Tegucigalpa participated in the June 28 coup that removed

Exile The army forced Zelava out of into exile on June 28 after he defied Supreme Court orders to cancel a referendum on rewriting the constitution to let him run again. Zelaya has been holed up at the . Brazilian Embassy since sneaking back in-Honduras on Sept. 21.

Honduran President Manuel Zelaya and in the events that have

followed. Among auestions they want answered by an investigaconducted by the General Accountability Office is whether the Embassy has been pressuring Hondurans supportive current interim government to accept Zelaya's return

The letter seeking the investigation was signed by the party's leadership team, including House Minority Leader John Boehn-

to power.

Rep. Adam Schock, who wrote the letter, said he and some colleagues, after a visit to Honduras, had misgivings about the involvement of the State Department and the U.S. Ambassador in Honduras THE ASSOCIATED PRESS

er of Ohio.

HAITI Haitian Prime Minister Michele Pierre-Louis was facing a challenge Thursday from senators in the president's party who are trying to remove her, a move that could hinder international efforts to increase foreign investment in the impoverished country. THE ASSOCIATED PRESS



Imperial Oil mum on possible increased Syncrude stake

16

Imperial Oil Ltd. is tight-lipped on whether it plans to increase its ownership stake in the Syncrude Canada Ltd. partnership, the world's largest oilsands development. Company spokesman Pius Rolheiser says the company won't discuss its business strategy for competitive reasons. THE CANADIAN PRESS

BUSINESS POLLAR GAS OIL TSX US 93.72c US 93.72c

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

TIME IS RUNNING OUT TO SECURE YOUR FINANCIAL FUTURE!



Participate in our Real Estate based Investment Program!

Making Richer Lifestyles

with Non-Leveraged Investments Cash, RSP & TFSA eligible



Visit mrlcompanies.com or Call 1-877-399-8886

For further information and Register for a seminar today!

Recovery not yet creating jobs

Canada's slow climb out of a recession appears to be doing little to foster growth in the domestic job market so far.

Statistics Canada says the number of non-farm jobs in the country fell by 0.8 per cent in August from July, when it registered an increase. The results were pulled down by a drop in educational services jobs, though a lower number of hirings has

been seen in many different sectors.

The agency reported that more than 70 per cent of industries surveyed posted losses, the largest number since last January. Other recent economic reports also question whether Canada's economy is poised for recovery this quarter.

A study by the Canadian Centre for Policy Alternatives says the economy is m.metrenews.ca



Scan this barcode for more Business news on your smartphone. Learn how to scan the barcode with the instructions at the top of pa 2

actually still in a recession, and any expectations of a quick rebound in the private sector are unfounded. On the upside, a survey cent of Ontario trucking companies who responded believe Canada's economy has hit bottom. South of the border, the

from the Ontario Trucking

Association shows 71 per

South of the border, the American economy delivered its best growth in two years during the third quarter, climbing 3.5 per cent, but the momentum was drawn primarily from government subsidies.

THE CANADIAN PRESS

Globalive's Canadian bid quashed by CRTC

communications Globalive is still hoping to be a new national cellphone player even though its launch was put in doubt Thursday after the CRTC ruled the company isn't Canadian enough.

The regulator says Globalive doesn't meet the Canadian ownership and control requirements to operate as Canada's fourth

Competitors

 Rogers, Bell and Telus say that Globalive is breaking the Telecom Act because technically it's under foreign control.

major wireless carrier, the company's goal.

"With this decision, the

CRTC has put new competition at risk," said chairman Anthony Lacavera on Thursday. "We know Canadians want a new choice in wireless."

Egyptian telecom company Orascom owns 65 per cent of Globalive, a structure accepted by Industry Canada when its licence was granted last March.

THE CANADIAN PRESS

Canwest says it must shift National Post or kill it off

MEDIA Canwest will tell an Ontario court Friday that it will be forced to shut down the National Post, which has lost \$62 million in the last four years, if the newspaper isn't shifted into a company that holds its other dailies.

The company said in court documents that its creditors refuse to keep funding the Post, which continues to suffer significant operating losses. A hearing on the matter is scheduled for Friday in Toronto. A number of Canwest divisions, including the Post, are operating under creditor protection.

THE CANADIAN PRESS

<u>FREE IMMIGRATION SEMINAR</u>

For foreign Workers, Employers, Students, Caregivers & Residents wishing to sponsor family

Learn how to successfully become a permanent resident of Canada. There are many ways to apply for residency. Obtain an immidiate assessment, learn the different options and determine the fastest and easiest way YOU, YOUR EMPLOYEE, OR YOUR FAMILY can apply for Permanent Residency in Canada

EDMONTON - West Harvest Inn, 17803 Stony Plain Road NW, Date: Nov 7th, Seminar Time: 10:30am

CALGARY - Quality Hotel Airport, 4804 Edmonton Trail N.E. Date: Nov 5th, Seminar Time: 10:30am

Fill out the evaluation form online at www.annarbour.com now and qualify for an individual personal meeting

Call 780.628.7040 or 1.877.612.1222

Ann Arbour Consultants Inc.
License to practice Immigration: Sharmila Perera (M042390)

www.annarbour.com

Business in brief

LABOUR The U.S. Labour Department said Thursday its tally of newly laid-off workers seeking unemployment benefits fell by 1,000 to a seasonallyadjusted 530,000 last week.

THE CANADIAN PRESS



The Panamera... has arrived!

Experience pure Porsche performance for four.

No one has the capacity to break the rules more than Porsche. And now, the new Panamera. The legendary sports car driving experience built for four. The staggering Porsche power is unmistakeably present. As is the relentlessly precise handling. And with the addition of a second row of executively-seated passengers, there's no end to the rules you can break. Porsche. There is no substitute.

We're definitely defying the laws of something.

Norden Autohaus

(780) 484-3000 17820 Stony Plain Road Edmonton, AB www.norden.porschedealer.com



Drilling company blames slow economy for lower earningsCabo Drilling Corp. blamed the economic slowdown Monday for a

business 17

sharp reversal in fourth-quarter revenue and earnings. THE CANADIAN PRESS

Oil production on the rebound: Exxon

But company still reports decrease in profit

The world's largest publicly traded oil company said yesterday that oil production is bouncing back with crude prices.

A worldwide glut in petroleum supplies may yet cool the latest surge in oil, squeezing refiners and keeping profits in oil patch well below their peak last year or even the past several years.

Exxon Mobil Corp. reported that profits from Ju-

Down the pipeline

• Net income fell in the third quarter across Exxon's various operations.

ly to September dropped 68 per cent to \$4.73 billion US, or 98 cents per share. The results were the best of the year so far, but they're less than a third of what Exxon earned in the same period of 2008, when crude prices spiked above \$147 US a barrel.

Excluding the previous quarters this year, Exxon has not reported quarterly profits this low in at least the past four years.

Exxon Mobil's Canadian unit, Calgary-based Imperial Oil Ltd., was slated to release its financial results late yesterday.

THE ASSOCIATED PRESS

Bottoms up for beverage firm

CHEERS Beverage maker Cott Corp. reported a net profit for its third quarter Thursday, reversing a year-earlier loss through stringent cost control, optimized capital expenditures, and improved customer relations.

The world's thirdlargest soft drink producer, providing many retailers and grocers with store-branded products, said Thursday it made a profit of \$13.9 million US or 18 cents per share in the quarter ended Sept. 26.

This was a significant improvement from a net loss of \$87.6 million US or \$1.25 per share a year ago. Meanwhile the compa-

t made a quarterly revenue dipped to \$404.9 million from \$420.5 million a year ago led Sept. Cott noted that once ignificant the impact of foreign ex-

Cott noted that once the impact of foreign exchange was excluded, revenue for the quarter had increased by 1.1 per cent.

in U.S. dollars, said its

THE CANADIAN PRESS



APPOINTMENTS

General Dentistry/ Dentures 780/492-5182

Dental Hygiene

780/492-4458

Children's Dentistry 780/492-4448

General Practice Residency 780/492-9061

Dental Implants 780/492-7296



DEPARTMENT OF DENTISTRY



REDUCED FEE

ALL TREATMENT IS PROVIDED
AT A REDUCED FEE
AND IS

SUPERVISED BY LICENSED DENTISTS AND

DENTAL HYGIENISTS

No Matter What Country You Call

(Anywhere In the World!)

No Matter What Rate you Pay

Comwave will beat it... GUARANTEED!

(Even from your Cell Phone!)









What Country Do You Call?



f the country you call is not on this list, or our advertised rates are higher than what you are currently paying... th no problem. Call today and we'll beat what you're paying with your current provider... GUARANTEED!



 No need to cancel your service provider.

 \$10 Free Long Distance for every friend you refer

No Contracts



Limited Time Offer!

UNLIMITED

Calling to Anywhere in

CANADA





780-665-1818

www.comwave.ca

While Commove ethics for accuracy in our advertising. Commove reserves the right to cornect any error in pricing or information at any time. LONG DISTANCE Commove the reserve the right to cornect any error in pricing or information at any time. LONG DISTANCE commove were not on a morthly plant of \$10 month for \$15 month. The Start in the reserve the re

Mauricio (Shogun) Rua, the top light-heavyweight contender in the UFC, will speak to Metro's Fernando Carneiro on Saturday. Read about Shogun's thoughts on a possible rematch against champion Lyoto Machida online on Saturday at metronews.ca/fightinwords

Sports



Malkin out 2-3 weeks

NHL scoring champion Evgeni Malkin, left, will be lost to the Pittsburgh Penguins for two to three weeks because of a strained right shoulder. Malkin had been attempting to play through the injury, but coach Dan Bylsma said the team decided to rest the centre. The Russian star would miss seven games if he is out two weeks and 10 games if he is out three.

THE ASSOCIATED PRE THE ASSOCIATED PRESS

Olympic flame shouldn't be doused by critics



he Olympic flame is in Canada. The longest torch relay in history is under-

It's time for the dissent to stop and for us to be gracious hosts.

Incredibly, there are a significant number of people in this enlightened nation who don't get it. They complain about everything from the corporate greed embodied by the Games to the fact that the torch relay was first conducted in 1936 in Berlin, the so-called "Nazi Olympics.'

These doubters also claim that the Olympics will somehow bankrupt our affluent country and that, ...the average Joe is being screwed by corporations and the government so they can have a party."

Even Sidney Crosby is drawing fire in some quarters for being chosen to run the Olympic torch through a portion of his native Nova Scotia. What gives?

The critics are missing the point.

Yes, the Olympics have become corrupted over time and often resemble a commercial enterprise instead of the universal movement of peace and understanding they were originally meant to be. But while it's true the Games have become, on occasion, an example of clubby excess, they do have a redeeming quality at their very foundation.

Olympics are designed to celebrate the potential of youth and demonstrate the possibilities for harmony and co-existence. In short, they are an alternative to the strife and misunderstanding that pervades the planet most of the

Isn't that worth our allegiance — or at least an open mind as the torch relay in Canada begins?

The Vancouver/Whistler 2010 Olympics are now inevitable. As the host nation, Canada is the caretaker of the Olympic spirit, which, by the way, is what the flame is meant to represent.

It's time to step up. One torchbearer

bank executive I talked to, who works for a competitor of the relay's title sponsor, summed up her motivation behind carrying the flame.

"It's a symbol of the Games and the values they represent," she told me. "It's about having a meaningful goal, commitment to discipline, community and sportsmanship. These are all worthy values I would hope to impart to my chil-

that's why we all embrace the Now should

It's because the torch represents hope that there is some goodness to be found when it reaches its destination in the Olympic city.

Scott Russell is the Host of CBC Sports Weekend seen Saturday afternoons. He has covered professional and amateur sports including nine Olympic games and numerous world championships.

Choice of over 100 car dealers in Edmonton

80.756.6666



Edmonton Oilers left wing Dustin Penner scores a goal past Detroit Red Wings goalie Jimmy Howard and Detroit Red Wings defenceman Brian Rafalski at Rexall Place on Thursday

Oil escape with win

Prevail in shootout after blowing four-goal lead

NHL result

Red Wings 5 Oilers 6 (SO)





the shootout winner as the Edmonton Oilers blew a four-goal lead before salvaging a 6-5 victory over the Detroit Red Wings on Thursday night.

Ales Hemsky had a pair of goals, Dustin Penner had a goal and three assists and J.F. Jacques, and Shawn Horcoff also scored Edmonton (7-5-1) snapped a three-game losing skid.

Darren Helm, Henrik Zetterberg, Todd Bertuzzi, Jonathan Ericsson and Patrick Eaves replied in regulation for the Red Wings (4-4-3), who have lost four of their last five games.

Though trailing 5-2, Detroit had the momentum at the start the third period, and it paid off.

Ericsson beat Edmonton goalie Nikolai Khabibulin glove-side with a long shot six and a half minutes in to cut the Oilers lead to 5-3.

Detroit made it a onegoal game just over a minute later when Bertuzzi scored his second of the season.

The Red Wings completed the comeback with their fourth consecutive goal as Eaves fought for the puck on a rush in front of the Edmonton net and scored his first of the season to make it 5-5.

THE CANADIAN PRESS

m.metranews.ca



orts updates on your smartphor Learn how to scan the barcode with the instructions at the top of pa 2

Yankees even up World Series

Series tied 1-1





BASEBALL A.I. Burnett outdueled Pedro Martinez while Mark Teixeira and Hideki Matsui each homered for New York, as the Yankees pulled even in the World Series with a 3-1 victory over the Phillies in Game 2.

Philadelphia used a su-perlative effort from Cliff Lee to take Wednesday's opener 6-1 at Yankee Stadi-

Burnett (1-0) countered with a gem of his own in his first career start in the Fall Classic, surrendering just one run on four hits and two walks in seven frames. The hard-throwing

righty also struck out nine against the team that roughed him up for five runs in a six-inning start back in May.

Jorge Posada added a pinch-hit RBI for the Yankees, and Mariano Rivera closed it out with a six-out save, highlighted by an inning-ending double-play ball off the bat of Chase Utley in the eighth.

METRO NEWS SERVICES

Hapless Argos could spoil Esks' hopes

CFL PREVIEW



CFL Get ready for the resistable force slamming into the movable object.

The last-place Toronto Argonauts, and their league-worst offence, have a chance to deliver a hammer-blow to the playoff hopes of the cellar-dwelling Edmonton Eskimos — and their league-worst pass defence — when the teams clash Friday at Commonwealth Stadium (7 p.m. TSN).

"We've run out of time. We've used up more mulligans than we were entitled to," Eskimo head coach Richie Hall said Thursday.

"Our window (of opportunity) is like this," he said, holding his palms about a hand-width apart.

The 3-13 Argos have already been eliminated from the post-season and are 0-7 against West Division opponents.

The 7-9 Eskimos, sitting last in the West, are in a dogfight with the 8-8 B.C. Lions. They're also fighting with the Hamilton Tiger-Cats and Winnipeg Blue Bombers to grab the crossover playoff spot.

THE CANADIAN PRESS

Rider tackles local politics

CFL Chris Szarka is used to running footballs for the Saskatchewan Roughriders, but the fullback also has a new role to tackle — city councillor. Szarka, who has been

with the Riders for 13 years, won a seat on Regina city council during municipal elections held Wednesday in Saskatchewan.

Szarka practised with the green and white Thursday but that didn't stop him from getting down to

"My first order of business was told to me by (Mayor) Pat Fiacco ... and the rest of councillors, that is to go out and win on Saturday," Szarka said, laughing.

THE CANADIAN PRESS



The BRICK SOINTY

Super Savings on Sony This Weekend!



SONY

32" HD LCD TV

- 32" 16:9 screen
- 720p resolution
- 13,000:1 dynamic contrast ratio
- 3 HDMI inputs

32" ONLY

PLUS DO NOT PAY FOR

15 MONT

NO DOWN PAYMENT, NO MONTHLY PAYMENTS, NO INTEREST





Player

Plus Do Not Pay Until 2011

SONY Blu-ray with Wireless Function



40" Full HD LCD TV

- Full HD 108op resolution30,000:1 dynamic contrast ratio
- 6 HD inputs

Plus Do Not Pay for 15 Months

780-472-4272



46" Full HD LCD TV

- 30,000:1 dynamic contrast ratio
- BRAVIA Engine™ 2 digital video processor

Also available in 52" for \$1598.00

Plus Do Not Pay for 15 Months







Edmonton North South Edmonton #101, 12222-137 Ave.

Common 1920-99 St. 780-430-5151

West Edmonton Mall Phase 3, Entrance #2

780-444-1000

Downtown 10705-101 St 780-497-4900

*O.A.C. All credit offers available upon approval of credit only on your Brick Card Platinum. Minimum purchase of \$250. Any Brick delivery charges, GST (5%), provincial sales taxes (if applicable), and administration fee (\$99.95) are required to be paid at time of purchase. In Quebec, administration fees do not apply but there may be an annual membership fee (\$35). Interest may accrue for the final 25 days prior to the promotions due date but will be waived if the payment is made in full by the due date. Balance due February 2011, or at such time, you may elect to make minimum monthly payments of 3.5% of your outstanding balance. A conversion fee of \$42.50 applies when you decide to make minimum monthly payments. Service Interest Charge 29.9%. See in store or refer to your Brick Card Account Holder Agreement for full details. Product may vary by location and may not be exactly as illustrated. We reserve the right to limit quantities by store and per purchase. *This offer cannot be combined with any other discount or bonus gift purchase, sale, or other promotion, unless otherwise specified. See in store for complete details. Offer valid October 30- Novembers 5, 2009, unless otherwise indicated.



Where There is Volume... There is Value! Best Selection! Best Prices!





2009 PT Cruiser 12 to choose from, Stk# 0949711 \$24845 OUNT \$12857



2007 Dodge 1/2 Ton 4x4 Short Box

Stk# 0713736



2001 Chrysler LHS

\$**6988**

2004 Grand Am GT



ı > rassenger Vi Stk# 0421418





2005 Sentra SE Stk# 0512291



\$**7988** 2006 Pontiac Pursuit





\$16988



\$**7988**



\$**7988**



\$**16988**



2007 Dakota Club Cab 4x4 SLT Stk# 0722574 \$**17988**



2008 Grand Caravar Stow N Go 8 to choose from Stk# 0849964





2005 Ford 1 Ton Crew Cab 4x4 Diesel



2006 Dodge ½ Ton Quad Cab 4x4 Laramie



2003 VW Reetle



2008 Yaris 4 door



2007 Dodge ½ Ton Quad Cab 4x4



\$21988 2008 Dodge ½ Ton Quad Cab 4x4 TRX



\$11**988**

\$11988





\$19988



2008 Suzuki **Swift**

Auto, air, Stk# 0846523



2008 Chev 3/4 Ton Crew Cab 4x4

Stk# 0829661



2008 Forus SF



2005 Nissan Murana



2006 Expedition 4x4 XLT



2007 Avalanche 4x4 IS







\$1**9988**







\$21988



2008 Kia Rondo EX



2006 Audi A4 Quattro



2006 Ranger Super Cab

\$19988



2006 Dodge ½ Ton Mega Cab 4x4 SLT

\$23988



2007 Mini Cooper

\$19988

\$1**3988**



2005 Infiniti FX45 AWD

\$18988



2007 Dodge 1 Ton Quad Cab 4x4 SLT Diesel

\$9988



2006 Dodge SRT 10 Reg Cab Viper Truck



Stk# 0819823

\$**29988**



2008 Ford Edge AWD Limited

\$**29988**

\$27988

2008 Dodge 1 Ton Meg Cab 4x4 Laramie Diesel

\$41988



\$36988

\$134988

2005 Gulfstream Friendship G7 39ft Coach

ED CARS CALL NOW **780.435.3610** TOLL FREE 1.877.623.3611

SED TRUCKS CALL NOW **780.435.3613** TOLL FREE 1.888.623.8766

www.derrickdodge.com Derrick Dodge Chrysler Jeep on the corner of Argyll Road & Calgary Trail South Sole Hours: Monday - Friday 9-9, Saturday 9-6, Sunday 11-5 Quick Credit Approval Is Just A Phone Call Away metronews.ca

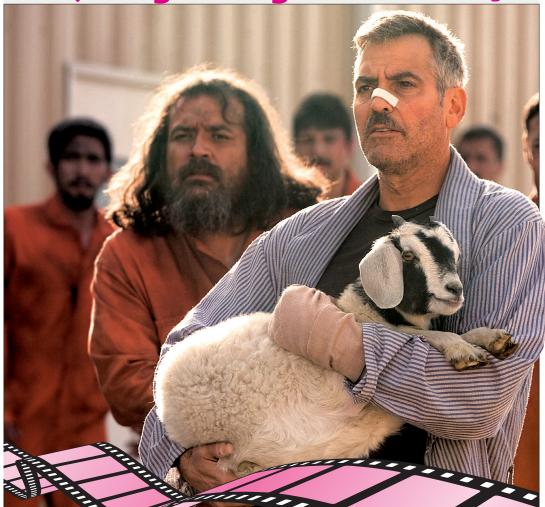
Movies&Entertainment

Visit metronews.ca/movies to get showtimes, watch trailers and read reviews.



War, drugs and goats

Pg 22



Jeff Bridges stars in George Clooney's black comedy The Men Who Stare at Goats, a sharp look at U.S. paranormal military experiments begun during the Vietnam War. Bridges says all the LSD in the movie brought back '60s memories for him.



Filmmaker says Jim Carrey 'amazing' in Christmas Carol.



Tegan and Sara mourn the loss of love on new album.



Remake series V adapted for the modern, post-9/11 world.



Registered Nurses. Knowledge. **Education.** Skill.



nurses.ab.ca



On the web

For movie photos,

trailers and screen times

metronews.ca/movies.

or to buy tickets - visit

tary in the late 1970s to create a super soldier that

would possess superior

strength, intelligence, cun-

Channon if he felt the film

made a mockery of his experiments and his life. "He

said 'No, I just want people

to come to my website, peo-

ple who are going to get it

are going to get it. People

who are going to pooh-pooh

it are going to pooh-pooh it,

but the people who have a

little bit of curiosity, and are

really going to get it. That's what I'm looking for. Those

are the people I'm trying to attract."

Copious amounts of LSD are used by the characters in

the film, and Bridges says it

brought back memories of

the '60s for him — including the former Sea Hunt

"He was the one commu-

nicating with dolphins. He

invented the isolation tank, and I was actually a subject for his testing, saw what the

tank was like. I did a lot of

time in the tank.

star's time with John Lilly.

Bridges says he asked

ning, intuition."

⊕ A CLASSIC; ⊕⊕⊕⊕ EXCELLENT; ⊕⊕⊕ GOOD; ⊕⊕ FAIR; ⊕ POOR

Gone with the Goats Coco decent biopic

Jeff Bridges channels '60s experience in black comedy

ANN BRODIE for Metro C anada

Jeff Bridges is the kind of guy you'd like for a friend. He's affable and honest, and completely unspoiled by the Hollywood successes of his father Lloyd and his own considerable clout.

In fact, he's really just a sensitive guy — still in love with his wife, Susie, after three decades of

marriage. "We've been married 33 years, and it just keeps getting better, more intimate, sexier, and you want to keep that going, you don't want to mess with that, you want to keep it constant," says the former teen heartthrob.

Bridges is currently starring in the black comedy The Men Who Stare at Goats, a sharp look at U.S. paranormal military exper-



Jeff Bridges, left, plays a U.S. army colonel in The Men Who Stare At Goats. George Clooney plays his disciple.

Movie **feature**

iments begun during the Vietnam War — and which

he says may still be in use.
Bridges' character formulates Project Jedi, a New
Age soliders' initiative, with the full blessing of the military.

"I got to talk to Lt.

Colonel Jim Channon, the guy who my character is based on, who is still very much into this thing," says Bridges. "If you go to his website, First Earth Battalion you can see what he's up to and it's basically it's the same stuff."

According to Channon's site "Project Jedi was ... undertaken by the US mili-

Coco Avant Chanel

Director: Anne Fontaine Stars: Audrey Tautou, Benoit Peolvoorde

Classification: STC Rating: 🕮 🏶

PHIL BROWN for Metro Canada

REVIEW Coco Avant Chanel is a prestige picture from France being trotted out for Oscar attention. The movie hits many of the Academy's sweet spots: It's a period piece, a biopic, and a movie about female

independence. Awards attention is in-evitable but whether or not it is deserved is another matter. Coco Avant Chanel is a decent telling of the early days of fashion icon Gabrielle "Coco" Chanel.

The film picks up with Coco in her 20s trying to become a singer in sleazy French nightclubs. Coco is determined not to fall into a life of servitude to a man, but sadly seems to have no alternative. She ends up living with an absurdly rich aristocrat and scoffs at his wasteful lifestyle.

She starts wearing more masculine clothing to the chagrin of upper-class Parisians, who soon start copying her style. Then she falls in love with a hand-some young Englishman who she can never have. In the end, she chooses independence purely because



Coco Avant Chanel, starring Audrey Tautou, chronicles the early days of the fashion icon.

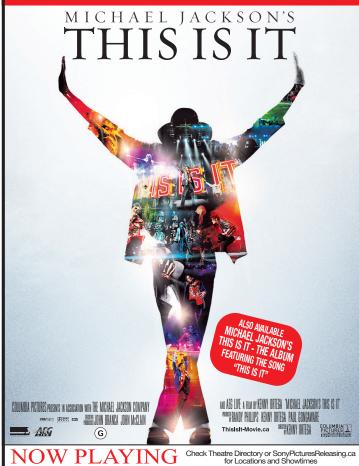
she can't be with the man

This seems like an awkward way to present a character that is supposed to be an early symbol of female independence. Coco decides to go out on her own purely because her two attempts at finding a male companion failed.

This muddled message aside, the movie is gor-geously made. Director Anne Fontaine vividly recreates turn of the century France and gracefully spins her yarn through painterly cinematography.

Audrey Tautou excels as







Heche back o big screen

Anne Heche, whose career over the last few years has been largely TV-based, is heading back onto the big screen with roles in two big upcoming comedies: Cedar Rapids and The Other Guys. EMPIREONLINE.COM



Reel Time

●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POO

Carrey characters galore in Carol

STEVE GOW for Metro Canada

Filmmaker Robert Zemeckis may have worked with the likes of Meryl Streep and Tom Hanks but the actor who really bowled him over making his latest film was none other than Jim

Carrey.

"He's pretty amazing," said Zemeckis during a recent interview. "He works so incredibly hard and he never stops so you come away with hours of all-wonderful, usable material. The hardest part that a filmmaker has is deciding what not to put in (the film)."

It's perhaps even more to Carrey's credit that Zemeckis happened to hire the Canadian funnyman to portray no less than seven characters in the director's re-telling of Charles Dickens' holiday masterpiece, A Christmas Carol.

"From day one, the idea was that if Jim was interested in doing this, I think "(Jim Carrey) never stops so you come away with hours of all-wonderful, usable material." Robert Zemeckis

he should play Scrooge not just at different ages but also the ghosts because I figure when you've got an ac-

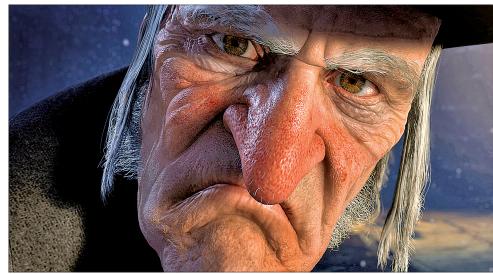
tor whose as versatile as that, why not?"

Besides, as the Oscarwinning director of Forrest Gump pointed out, versatility is of the utmost importance when creating as

iconic a character as Ebenezer Scrooge.

"It's the whole game," explained Zemeckis. "The poetry of screenwriting is character and dialogue and the rest is just writing enough to trigger images in a director's mind but I think the foundation — the glue if

you will — of any movie is found in character." However, A Christmas



Jim Carrey plays Scrooge and other characters in A Christmas Carol.

Carol adds a technical twist too. There are no sets and no costumes. Utilizing the same motion-capture wizardry he crafted with 2004's The Polar Express, Zemeckis instead strapped Carrey with sensors that recorded his slightest motions. From there, the actor's perform-

ance is re-animated in the fantastical world of Dickens' classic where Scrooge learns the lessons of his own discontent.

"The whole story is wonderful because it represents a very universal story of redemption," said Zemeckis.





Weekend, October 30-November 1, 2009

Screen Times

This week's new releases are highlighted in pink.

THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT. 30 TO THURS., NOV. 5. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CITY CENTRE 9 CINEMAS 10200 102nd Ave., 780-421-7020

Astro Boy (PG) DTS Digital, Stadium Seating Fri 12:50-3:25-6:30-9:55 DTS Digital, Stadium Seating Sat 12:50-3:25-6:30-1:005 DTS Digital, Stadium Sea ing Sun 12:50-3:25-6:30-9:10 DTS Digital, Stadium Seating Mon-Thu 1:50-4:25-7:20-9:45

Cirque du Freak: The Vampire's Assis tant (PG) Stadium Seating, DTS Digital Fri-Sun 12-2:30-5-7:30-10 Stadium Seating, DTS Digital Mon-Thu 1-3:30-6:25-8:55

Couples Retreat (PG) DTS Digital. Stadium Seating Fri-Sun 12:40-3:30-6:40-9:25 DTS Digital, Stadium Seating Mon-Thu 1:25-4:15-6:50-9:35 Law Abiding Citizen (18A) DTS Digital, Stadi-um Seating Fri-Sun 1:10-3:50-7-9:35 DTS Digital, Stadium Seating Mon-Thu 2-4:35-7:10-9:50

Michael Jackson's This Is It (G) Stadium Seating, No Passes, Dolby Stereo Digital Fri 12:30-Seating, No Passes, Dolby Stereo Digital Fri 1:230-31:7;79:20:05 Studim Seating, No Passes, Dolby Stereo Digital Sat 1:230-315;730-95;5 Stadium Seating, No Passes, Dolby Stereo Digital Sun 1:230-31:7;730-10:05; Stadium Seating, No Passes, Dolby Stereo Digital Mon-Tue: 115;345-61:5435 Stadium Seating, No Passes, Dolby Stereo Digital Wed 1:15-345-630-940 Stadium Seating, No Passes, Dolby Stereo Digital Thu 1:15;345-61:15;845 Saw VI (1:8A) Stadium Seating, DIS Digital Fri-Sun 1:200-250-520:750-10:20 Stadium Seating, DIS Digital Mon-Thu 2:10-445;730-93:30 The Stepfather (1:4A) Stadium Seating, DIS Digital Fri-Sun 1-4:10-7:10-945 Stadium Seating, DIS Digital Mon-Thu 2:10-4:05;59-25 Stadium Seating, DIS Digital Mon-Thu 2:10-4:05-55;925 Stadium Seating, DIS Digital Mon-Thu 1:30-4:05-55;925 Stadium Se

Where the Wild Things Are (PG) Stadium Seating, Dolby Stereo Digital Fri-Sat 12:10-2:40-

FIRST RUN MOVIES

Children & Seniors §4.50

Adult Evening **8.00**

Adult Mon-Fri Matinee \$5.00

Adult Sat-Sun Matinee \$6.00

Military \$5.00 (I.D. REQUIRED)

Adult Tuesday Evening \$5.00

5:10-7:30-9:50 Stadium Seating, Dolby Stereo Digi-tal Sun 12:10-2:40-5:10-7:40-10:10 Stadium Seating, Dolby Stereo Digital Mon-Thu 1:10-3:40-6:40-9:10 **Zombieland** (18A) DTS Digital, Stadium Seating Fri-Sun 12:45-3:10-5:30-8-10:25 DTS Digital, Stadi-um Seating Mon-Thu 1:45-4:10-7-9:20

4211 139th Ave., 780-472-7600

Astro Boy (PG) Fri 4:10-6:45-9:10 Sat-Sun 1:40 4:10-6:45-9:10 Mon-Thu 4:10-6:45-9:10 Cirque du Freak: The Vampire's Assistant (PG) Fri 4:15-7-9:40 Sat-Sun 1:15-4:15-7-9:40

Cloudy With a Chance of Meatballs (G) Couples Retreat (PG) Fri 3:55-6:40-9:20 Sat-Sun 1:10-3:55-6:40-9:20 Mon-Thu 3:55-6:40-9:20 **Law Abiding Citizen** (18A) Fri 3:50-6:55-9:35 Sat-Sun 1:05-3:50-6:55-9:35 Mon-Thu 3:50-6:55-

Michael Jackson's This Is It (G) No Passes Fri 4-6:50-9:30 No Passes Sat-Sun 1-4-6:50-9:30 No Passes Mon-Thu 4-6:50-9:30 Paranormal Activity (14A) No Passes Fri

Paranormal Activity (144) No Passes H1
459/13-0-25 No Passes Safs Un 150/459/7-10925 No Passes Mon-Thu 450/7-10-925
Saw **U** (1881/145/7-20-95 0.554 up :10-425/7-20-950 Mon-Thu 445/7-20-950
The **Stepfather** (148) Fit 439/7-15-945 Saf-Sun 150/439/7-15-945
Where the **Wild Things Are** (PIG) Fit 405/5-05/0415 (149) 155/4415/9-155/4415 (149)

6:35-9:15 Sat-Sun 1:35-4:05-6:35-9:15 Mon-Thu

4:05-6:35-9:15 **Zombieland** (18A) Fri-Thu 7:30-9:55

GARNEAU THEATRE

ONE

FREE

POPCORN

8712 - 109 St., 780-433-2212

2412 درج - **Coco Before Chanel** (PG) Fri 7-9:10 Sat-Sun 2-7-9:10 Mon-Thu 7-9:10

METRO CINEMA Zeidler Hall, Citadel Theatre Complex,

9828-101 Ave., 780-425-9212, urma VJ: Reporting From a Closed

Edmonton Tonight (STC) Fri 10:30 The Limits of Control (14A) Sat-Tue 9 The New Flaneurs: Film Program and Panel (STC) Wed 8

MOVIES 12 5074 130 Ave., 780-472-9779

Aladin (Hindi w/e.s.t.) (STC) Fri-Thu 1:05-

4:05-6:55-9:55 **Bright Star** (STC) Fri-Thu 2-4:35-7:25-10 District 9 (14A) Fri-Sat 1:30-4:25-7:05-9:45-12:10 in-Thu 1:30-4:25-7:05-9:45

G-Force (G) Fri-Thu 1:55-4:45 G.I. Joe: The Rise of Cobra (14A) Fri-Sat

1:25-4:10-7-9:40-12:10 Sun-Thu 1:25-4:10-7-9:40 **Halloween II** (18A) Fri-Sat 9:55-12:15 Sun-Thu Harry Potter and the Half-Blo

Prince (PG) Fri-Sat 1:20-4:30-7:35-11 Sun-Thu 1:20-4:30-7:35 Ice Age: Dawn of the Dinosaurs (G) Fri-

0-4:40-7:20-9:30-11:30 Sun-Thu 1:50-4:40 Julie & Julia (PG) Fri-Sat 1:15-4-6:50-9:35-12:05

Sun-Thu 1:15-4-6:50-9:35 London Dreams (Hindi w/.e.s.t.) (STC) Fri-Thu 1-4-7-10

FriThu 147-10 Love Happens (PG) Fri-Sat 1:45-4:15-6:55-9:25-1150 Sun-Thu 1:45-4:15-6:55-9:25 The Proposal (PG) Fri-Sat 1:35-4:10-7:10-9:50-21:15 Sun-Thu 1:35-4:10-7:10-9:50 The Ugly Truth (1:4A) Fri-Sat 6:45-9:20-11:40 Sun Thu-Sir Gr.

Sun-Thu 6:45-9:20 **Up** (G) Fri-Thu 1:40-4:20-7:15

NORTH EDMONTON CINEMAS 14231 137th Ave., 780-732-2236

Amelia (PG) Fri-Thu 1-4:10-6:50-9:35 Astro Boy (PG) Fri-Thu 1:15-3:50-6:45-9:25 Cirque du Freak: The Vampire's Assis tant (PG) Fri-Thu 1:30-5-7:45-10:40

Cloudy With a Chance of Meatballs 3D (G) Fri-Thu 12:15-2:20-4:40-7:10-9:30 Couples Retreat (PG) Fri-Tue 12:40-3:30-6:40-10:15 Wed 3:30-6:40-10:15 Thu 12:40-3:30-6:40 10:15 Star & Strollers Screening Wed 1

Inglourious Basterds (18A) Fri-Thu 6:30-9:45 The Invention of Lying (PG) Fri-Thu 1:40

Law Abiding Citizen (18A) Fri-Thu 1:05-4:15-7:20-10:20

Michael Jackson's This Is It (G) No Passes

Witchaet Jackson's Tins is it (c) No Passe Fri-Tue 12:15-2:45-5:15-7:50-10:30 No Passes We 12:15-2:40-5:15-7:50-10:45 No Passes Thu 12:15-2:45-5:15-7:50-10:30

ormal Activity (14A) Fri-Thu 12:20

Where the Wild Things Are (PG) Fri-Thu 12:50-3:20-6:35-9:20 **Whip It** (PG) Fri-Thu 1:20-4 **Zombieland** (18A) Fri-Thu 2:10-4:50-7:30-10:10

PRINCESS I & II

10337 Whyte Ave., 780-433-0728

Cairo Time (STC) Fri 6:50-9 Sat-Sun 2:30-6:50-9 Mon-Thu 6:50-9 us Man (14A) Fri 7-9:15 Sat-Sun 2-7-9:15

SCOTIABANK THEATRE **WEST MALL** 8882 170th St., 780-444-2400

8882 170th St., 780-444-2400

Astro Boy (PG) Fri-Thu 1140-2420-6440-920

Cirque du Freak: The Vampire's Assistant (PG) Fri-Thu 120-4157-10-010

Cloudy With a Chance of Meatballs 3D

(G) Fri-Shu 1130-159-410-630-910 Mon 1130
159-410-930 Tou-Thu 1130-159-410-630-910

Couples Retreat (PG) Fri-Tue 1350-650-950 Star & Strollers Greening Wed

Wed 350-650-950 Thu 13-390-650-950 Star & Strollers Greening Wed

The Invention of Lying (PG) Fri-Tue 12:50-630 Wed 12:50 Thu 12:50-630

Law Ablding Citizen (184) Fri-Thu 110-4-7220-10:15

7:20-10:15 The Metropolitan Opera: Tosca Encore (STC) Sat 11
Michael Jackson's This Is It (G) No Passes

Paranormal Activity (14A) Fri-Tue 12-2:40-5:10-7:50-10:40 Wed 3-5:20-7:50-10:40 Thu 12-2:40-5:10-7:50-10:40 Fri-Sat 12:01 Star & Strollers Wed 1 Saw VI (18A) Fri-Thu 12:20-2:50-5:15-8-10:45 The Stepfather (14A) Fri 11:50-2:30-5:7-45-10:20 Sat 57:45-10:20 Sun-Tue 11:50-2:30-57:45-10:20 Wed 11:50-2:30-10:20 Thu 11:50-2:30-57:45-

Surrogates (14A) Fri-Tue 3:40-9:40 Wed-Thu

Where the Wild Things Are (PG) Fri-Thu

Where the Wild Things Are: The IMAX Experience (PG) Fri-Thu 11:30-2-4:30-7-

Zombieland (18A) Fri-Thu 1:30-4:40-7:40-10:30

SOUTH EDMONTON

COMMON 1525 99th St., 780-436-8585

Amelia (Qi Firihu 1255-3456-595)
Astro Boy (PG) Fri-Thu 1255-3456-55-955
Astro Boy (PG) Fri-Thu 1:10-3:40-6:30-9-20
Cirque du Freak: The Vampire's Assistant (PG) Fri-Thu 1:03-355-640-9-920
Cloudy With a Chance of Meattballs 3D
(Qi Fri-Thu 123-2475-507-25-95)
Couples Retreat (PG) Fri-Thu 12:35-33-650-945

9:45
Hillsong United: We're All in This Toasthor (STC) Wed 8

gether (STc) Wed 8 The Invention of Lying (PG) Fri-Tue 1:35-7:35 Wed 1:35 Thu 1:35-7:35 Law Abiding Citizen (18A) Fri-Tue 1:15-4:15-7:15-10:10 Wed 1:15-4:15-7:35-10:10 Thu 1:15-4:15-

The Metropolitan Opera: Tosca Encore (STC) Sat 11 ichael Jackson's This Is It (G) No Passes Fri-Wed 1-1:30-4-4:30-7-7:30-10-10:30 No Passes Thu 1-4-4:30-7-7:30-10-10:30 Star & Strollers Screen-ing, No Passes Thu 1 The Nightmare Before Christmas 3-D

(STC) Fri-Thu 12:35-2:55-57:10-9:30 Paranormal Activity (14A) Fri-Thu 12:50-3:15-5:30-7:45-10:25 Fri-Sat 12 Saw VI (18A) Fri-Thu 12:30-3-5:20-7:40-10:35

The Stepfather (14A) Fri 1:20-4:20-7:05-9:40 Sat 4:20-7:05-9:40 Sun-Thu 1:20-4:20-7:05-9:40 Where the Wild Things Are (PG) Fri-Thu 1:15-3:50-7:20-10:05 Fri-Wed 12:40-3:20-6:45-9:25 Thu 3:20-6:45-9:25 Star & Strollers Screening Thu

Whip It (PG) Fri-Tue 4:25-10:15 Wed 4:25 Thu

4:25-10:15 **Zombieland** (18A) Fri-Tue 12:45-3:10-5:25-7:50-10:20 Wed 12:45-3:10-5:25-10:20 Thu 12:45-3:10-5:25-7:50-10:20

TELUS WORLD OF SCIENCE Edmonton Space And Science Centre, 1121-142 St., 780-451-3344

mazon (STC) Wed 2

Beavers (STC) Tue 10 Bugs! (STC) Mon 10 Wed 11

Coral Reef Adventure (G) Tue 11 Thu 1 Dinosaurs Alive! (STC) Fri-Sun 2-4 Thu 10 Grand Canyon Adventure: River at Risk (STC) Fri 6 Sat 12-6 Sun 12

ece: Secrets of the Past (STC) Mon 2

Greece: Secrets of the Past (STC) Mon 2
The Human Body (STC) Thu 2
Hurricane on the Bayou (STC) Mon 1 Thu 11
India: Kingdom of the Tiger (STC) Fri 11-3-3/5 11:1-3-5/5 Mon 11-13-5 Mon Thu 3
Mystic India (STC) Mon 11 Wed 10
Space Station (G) Wed 1
Whales (STC) Tiu 2
Wild Ocean (STC) Fri 10

WESTMOUNT CENTRE 111 Ave. & Groat Rd., 403-455-8726

111 Ave. & Groat Rd., 403-455-8726

Amelia (PG) DTS Digital Fri 7-9:40 DTS Digital Satbun 1-3:407-9:40 DTS Digital Morbun 1-3:407-9:40 DTS Digital Morbun 1-3:407-9:40 DTS Digital Fri 645-9:25 Dolly
Stereo Digital Sat-Sun 12:45-32-5-45-9:25 Dolly
Stereo Digital Sat-Sun 12:45-32-5-43-9:25 Dolly
Stereo Digital Sat-Sun 11:03-5:07-10-9:50
DTS Digital Sat-Sun 11:03-5:07-10-9:50 DTS Digital Sat-Sun 11:03-5:07-10-9:50 DTS Digital Sat-Sun 11:03-5:07-10-9:50 DTS Digital SatSun 12:03-31:06-30-9:10 Dolly Stereo Digital SatSun 12:30-31:06-30-9:10 Dolly Stereo Digital MonThu 5:31-58

GRANDIN THEATRES 101-22 Sir Winston Churchill Ave.. St. Albert,780-458-9822

b Boy (PG) Fri-Thu 12:55-2:55-4:40-6:25-8:09 dy With a Chance of Meatballs (G)

Fri-Thu 1:15-3:15 **Law Abiding Citizen** (18A) Fri-Thu 12:40

2:50-4:557:05-9:10

Michael Jackson's This Is It (G) No Passes
Fri-lin 12:352-54:59-7:10-9:15

Saw VI (18A) Fri-lin 12:52-7:25-9:25

Where the Wild Things Are (PG) No Passes
Fri-lin 13-57-8:55

Zombieland (18A) Fri-lin 9:45

GALAXY CINEMAS

SHERWOOD PARK 2020 Sherwood Dr., Sherwood Park 780-416-0152

Astro Boy (PG) Fri 3:45-6:40-9:15 Sat-Sun 12:50-3:45-6:40-9:15 Mon-Thu 6:40-9:15

5.45°0.40°9.15 MonFind 0.40°9.15 Cirque du Freak: The Vampire's Assis-tant (PG) Fri 3:40-6:45-9:20 Sat-Sun 1:10-3:40-6:45-9:20 Mon-Thu 6:45-9:20

Cloudy With a Chance of Meatballs 3D G) Fri 5-7:15-9:40 Sat-Sun 12:30-2:45-5-7:15-9:40 Mon-Thu 7:15-9:40 Couples Retreat (PG) Fri 4:15-7-10:10 Sat-Sun

1:15-4:15-7-10:10 Mon-Thu 7-10:10 Hillsong United: We're All in This Together (STC) Wed 8 Law Abiding Citizen (18A) Fri 4:30-7:30-

10:15 Sat-Sun 1:30-4:30-7:30-10:15 Mon-Thu 7:30-

Fri 4-7-9:45 No Passes Sat-Sun 1-4-7-9:45 No Pass

Mon-Thu 7-9:45 **Paranormal Activity** (14A) Fri 5:30-7:45-10:30 Sat-Sun 12:40-3-5:30-7:45-10:30 Mon-Thu

Saw VI (18A) Fri 4:50-8-10:20 Sat-Sun 1:45-4:50-8-

.0:20 Mon-Thu 8-10:20 **Where the Wild Things Are** (PG) Fri 3:45-6:30-9:30 Sat-Sun 12:45-3:45-6:30-9:30 Mon-Th

6:30-9:30 **Zombieland** (18A) Fri 4:10-7:20-10 Sat-Sun 1:40-4:10-7:20-10 Mon-Tue 7:20-10 Wed 10:40 Thu 7:20-

PARKLAND CINEMA 130 Century Crossing, Spruce Grove 780-962-2332

Astro Boy (PG) Fri 6:50-9:05 Sat-Sun 12:50-3:05

6:50-9:05 Mon 6:50-9:05 Tue 12:50-3:05-6:50-9:05 Wed-Thu 6:50-9:05 Cirque du Freak: The Vampire's Assis-

tant (PG) Fri 6:45-9:20 Sat-Sun 12:45-3:20-6:45 9:20 Mon 6:45-9:20 Tue 12:45-3:20-6:45-9:20 Wed Thu 6:45-9:20

Couples Retreat (PG) Fri 7:05-9:25 Sat-Sun 1:05-3:25-7:05-9:25 Mon 7:05-9:25 Tue 1:05-3:25-7:05-9:25 Wed-Thu 7:05-9:25

Law Abiding Citizen (18A) Fri 6:55-9:15 Sat-Sun 12:25-3:15-6:55-9:15 Mon 6:55-9:15 Tue 12:25-3:15-6:55-9:15 Wed-Thu 6:55-9:15 Michael Jackson's This Is It (G) Fri 6:30-9

Sat-Sun 12:30-3-6:30-9 Mon 6:30-9 Tue 12:30-3

6:309 Wed-Thu 6:30-9 Paranormal Activity (14A) Fri 7:10-9:30 Sat-Sun 1:10-3:30-7:10-9:30 Mon 7:10-9:30 Tiue 1:10-3:307:10-9:30 Wed-Thu 7:10-9:30 Saw VI (18A) Fri-Thu 9:10 Where the Wild Things Are (PG) Fri 7 Sat-Sun 1:3:10-7 Mon 7 Tue 1-3:10-7 Wed-Thu 7

LEDUC CINEMAS 4702 50th St., Leduc 780-986-2728

Astro Boy (PG) Fri 6:55 Sat-Sun 12:55-3:10-6:55

Couples Retreat (PG) Fri 7:10-9:25 Sat-Sun 1:10-3:25-7:10-9:25 Mon-Thu 7:10-9:25 Michael Jackson's This Is It (G) Fri 7-9:20 Sat-Sun 1-3:20-7-9:20 Mon-Thu 7-9:20

Saw VI (18A) Fri-Thu 9:10 Where the Wild Things Are (PG) Fri 7:05-9:15 Sat-Sun 1:05-3:15-7:05-9:15 Mon-Thu 7:05-9:15

CLOONEY BRIDGES MCGREGOR SPACEY *** COAT

24 Hour Movie Line: 780.458.9822

www.grandintheatres.com



NOVEMBER 6

YOU COULD LOOK FOR THE HIDDEN GOAT ICON AND

- 14.7 MP Compact Digital Camera
- 3.0-inch TFT Colour LCD Screen
- 28mm Wide-angle Lens

SECONDARY PRIZES: Passes to the advance screening of THE MEN WHO STARE AT GOATS on November 4th!



ENTER FOR YOUR CHANCE TO WIN! metronews.ca





MAPLE IN THEATRES NOVEMBER 6



No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebe Contest closes October 30, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, vi www.metronews.ca

1. A The Twilight Saga: New Moon Soundtrack, Various Artists; 2. Southern Voice, Tim McGraw; 3. Crazy Love, Michael Bublé; 4. The Blueprint 3, Jay-Z; . The Time Of Our Lives, Miley Cyrus. METRO NEWS SERVICES



movies&entertainment 25

Tegan and Sara double up

Twin sisters mourn the loss of love on new album Sainthood

BRYAN BORZYKOWSKI for Metro Canada

It's likely every single musician has written a song, if not a whole album, about love. So after five records it was about time Tegan and Sara delved into the timehonoured subject. But these tunes aren't coming from a happy place.

"After we finished the last record we realized we were right around the age when our parents got divorced," says Calgary-raised Tegan Quin. "We were five and they were 27 — both of us at 27 ended long relationships. It was very similar to our parents."

Most people would find their parents' divorce difficult to discuss, but Quin's surprisingly candid about that part of her of her life, and her own relationship troubles.

"It's almost like a death," she says of her break up. "There's also the disappointment in the idea of the societal implications around a failure of a relationship. When do you become a weird spinster?'

Some of these thoughts wind up on the duo's new disc of infectious power pop tunes, but most of the tracks deal with the pain of a dissolving relationship lies, deception, questioning and despair. It's not very upbeat stuff.

Still, Quin's optimistic about her chances for ever lasting love. "Anyone can stay in one relationship. With practice and time you can spend whole life with someone and be satisfied," she says. "Maybe it's that _ less

there is the "There's also the one. disappointment in We're wired the idea of the and chemically driven societal implications tar again and relationship." Tegan turn. again.'

Even when a relationship sours, though, Tegan has her twin sister to fall back on and vice versa. They seem to play up a sibling rivalry in the press, but you can't hole up in a Orleans rehearsal space with someone and



'We've always done vari-

ations of what some peo-

Sainthood is the fifth album from Tegan and Sara. It was released this week.

for the new disc.

write music if you're not extremely fond of them.

"We just rented a space, just the two of us. We were literally in one room to-

gether for five days," Quin re-calls. "It was good, but boring. It was like, your guisounds to find that **around a failure of a** good, it's my

> Those songs didn't wind up on Sainthood, though Quin expects them to be released at some point down the road. It did mark the first time. she says, that her and her sister wrote together. They kept that up when they started to lay down tracks

wrote songs together. We also wrote music that we sent to each other over email to finish."

Clearly, the sometimesclashing sisters got a long well during Sainthood's writing process. But, like any couple they fought. The difference between them and the relationships they write about, though, is that Tegan and Sara always get back together.

"Two or three times a year we scream at each other hysterically," she says. "It feels safer when Sara and I are doing it though. No matter what happens one of us will have to come back.

HUGH DILLON metr Wants To Send You

ple consider writing," she

explains. "But this record

we actually sat down and



Vehicles to become Wi-Fi hotspots, but beware of distracted drivers



ow that talking and texting on your cell while driving is a felonious act in Ontario as of this week, discussion has turned to the various things that distract drivers.

While I personally agree that hands-free is the way to go for mobiles and that no one in their right mind would text behind the wheel, you know what the Nanny State can be like. The natural inclination of regulators is to regulate.

Radios with dozens of presets accessible only through tiny little buttons can't be safe. Satellite radio? It all depends on the receiver. I'm surprised there hasn't been a ban on

CD players given all the fumbling that can go on with the jewel case and trying to find the track you want. Six-pack CD changes are at least six times more dangerous. Newer models have multigigabyte hard drives capable of holding thousands of songs; try doing a song search at 100 km/h. I once drove an Audi with an awesome dashboard satellite radio system and I spent more time looking at the gorgeous screen whilst flipping through channels than I did on the car in front me. And even when we get a seamless and foolproof way of integrating our iPods into our dashboards, they're going to cause problems.

Don't get me wrong. I love all this convenient gadgetry. I just worry about The Other Guy. And it's about to get a whole lot worse. Welcome to Wi-Fi on wheels.

Chrysler was one of the first to offer the option of turning their vehicles into rolling Wi-Fi hotspots. Now GM is offering Wi-Fi for its full line of vehicles. A system made by Autonet Mobile creates a Wi-Fi cloud that extends up to 150 feet. That means not only will the kids in the back seat have access, but so will the guy two lanes over who will inevitably bob and weave so he can maintain his laptop connection. Best encrypt it

WiFi will also make it possible to literally surf for tens of thousands of online radio stations and music surfaces. Want to listen to that punk rock netcaster from France while driving on the Trans-Canada between Brandon and Regina? No problem. Your Pandora or Last.fm stream? Piece of

Imagine how this may impact traditional radio. I'm distracted already.

The Ongoing History Of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com

Enter online at metronews.ca

Well With Others

1 of 10 DVD box sets -

Durham County Season 1

SOLO ALBUM HUGH DILLON

Dillon's Works Well

\$500 spending money

With Others CDs









NBC has ordered six additional episodes of Chuck and will cancel Trauma after its original 13-episode run, according to The Hollywood Reporter. The pickup for Chuck brings the spy dramedy's third-season order to 19 episodes. TVGUIDE.COM

Television

Even celebs can get spooked sometimes

PEOPLE Snakes. Guns. Violence. Some scary stuff is universal. and even celebrities aren't immune. Here's a look at the secret

Wood, Vivica A. Fox, Snoop Dogg and other stars this Halloween:

THE ASSOCIATED PRESS

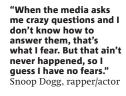
"I think it's like personal pursuits that scare me... You know, for an actor, I think I'm always scared by things that challenge me, things that are very different from things I've done before. Roles and experiences, working with people that I think are incredible, that sort of scares me.' Elijah Wood, actor



"What scares me personally is mob rule. That's the one thing that really sort of scares me in life is when people get into a frightened frenzy and they sort of join up and the mob mentality takes

Michael Fassbender, Inglourious Basterds star

"If the snakes come in the room, Vivica is jetting onto the other side of the room, for sure... Oh, when I was a little girl I almost got bit by one. My family is from West Point, Miss. so yeah, I almost got bit by one. So they're taboo. I don't bother them. They don't bother me."



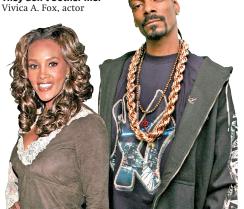
know, like when you see

things happen, you're like 'Oh my God,' you

Rob Zombie, musician/

know."

director



Toss the frozen food

Simple recipes can change your life, explains TV chef Oliver

TINA CHADHA Metro World News

Jamie Oliver wants vou to put down the take-out menus and toss the frozen enchiladas. Tonight, you're cooking dinner.

"Learning to cook just a few simple recipes can change your life," says the British charming chef/megabrand, who is so concerned with people's poor eating habits that he's started a full on campaign against



that if we survive on takeout food and ready meals, people are getting more unhealthy every year,"

says Oliver. "Obesity, Diabetes. You name it. We are about to see the first generation of kids with shorter life spans than their parents, and it's sad."

In addition to an upcoming Canadian and U.S. TV series, his new cookbook, Jamie Oliver's Food Revolution, is stocked with easy-to-follow, 20-minute recipes and gorgeous step-by-step photography that even the most novice of chefs can follow.

Check out his tips for low), but don't be discouraged if your

it gets easier and first few atmore fun," assures Oliver. "Start the kitchen something really basic like pancakes. I guarantee disaswhen you've cracked pancakes — which doesn't take long — you'll be wanting to do other

> But isn't take-out cheaper and easier?

stuff."

"As you start cooking,

you get more confident

"I'm always amazed when people say they don't cook because they haven't got the time or haven't got the money,"

says Oliver.
"I did a live show a few years ago and every night, I would telephone the lo-cal pizza place and order

Well-known British chef Jaime Oliver is so concerned with people's poor eating habits that he's started a campaign against Big Macs.

with

pizza. I would then make pizza, on stage, from scratch — I made the dough from flour and water and a bit of yeast and by the time the pizza delivery arrived, I'd already made mine and shared it with the audi-

"And mine was tastier and the ingredients were cheaper. So it's simply about knowledge. That's all it is.

So what does he suggest

for your pantry?
"I would say: extra virgin olive oil, dried pasta, Salt, pepper, and some tinned and frozen vegetables — there's nothing wrong with tinned tomatoes or frozen peas.'

Jaime Oliver's omelet recipe

Jamie Oliver's quick and easy omelet recipe:

Ingredients:

- 2-3 large eggs, preferably
- free-range or organic
- Sea salt and freshly ground black pepper
- A pat of butter
- A small handful of grated Cheddar cheese

Directions

Crack the eggs into a mixing bowl with a pinch of salt and pepper. Beat well with a fork. Put a small frying pan on a low heat and let it get hot.

Add a pat of butter. When the butter has melted and is bubbling, add your eggs and move the pan around to spread them out evenly. When the omelet begins to cook and firm up, but still has a little raw egg on top, sprinkle over the cheese (I

sometimes grate mine directly on to the omelet). Using a spatula, ease around the edges of the omelet, then fold it over in half. When it starts to turn golden brown underneath, remove the pan from the heat and slide the omelet on to a plate. Serves one.

DEXTER

Killer Deal.

Be in control of your viewing experience with the Movie Central On Demand Freeview. **How to access from your remote:**

- Press the Shaw On Demand button

- Enjoy the ease and convenience of VOD!



FREEVIEW

Scrubs goes to schoo

ABC's revamped version of Scrubs, set in a medical school instead of a hospital, will launch on Dec. 1, Variety reports. Actors John C. McGinley and Donald Faison are returning, and star Zach Braff will appear in several episodes. Ew.com

movies&entertainment 27

Television

It's V for Visitors as sci-fi remake debuts

AMBER RAY Metro World News

Humans don't seem to have any problem with space invaders. In fact, considering the success of District 9, we seem to love the idea of a bunch of aliens hovering over our major cities.

That's exactly what the team behind V is banking on. Adapted from the popular sci-fi miniseries that

1983, the new V is a weekly series chronicling the arrival of aliens (a.k.a Visitors).

It closely follows the plot of its predecessor: The Visitors first make contact by flying giant spacecraft over the world's metropolitan areas.

Their beautiful, poised leader, Anna (Morena Bacreplenish their water supply, and in exchange they offer humans their

advanced technol-And, ogy. V premieres they course, come in peace.

Tuesday "We made sure night on ĆTV that we honoured and respected the characters and the themes that (the original) envisioned, and introduced brand new characters and brand new

B S

themes that would make sense in a post-9/11 world," says Scott Peters, creator of the update.

The themes of fear and paranoia play out differently in 2009, and tapping into those sentiments meant reflecting on the identity of the modern "enemy."

"The original series, to me, felt very much like a military show — there was a very clear and present enemy," says executive

8:00

"We introduced brand new characters and brand new themes that would make sense in a post-9/11 world."

Scott Peters, V creator

producer Jeffrey Bell. "And ... there is no post-9/11 other single threat. It's teracross the street or the woman next door.

"(In V) we have humans. and we have humans who are traitors, and we have Visitors who have a nefarious agenda, and we have Visitors who are heroes.

"And so not knowing who or what someone is (reflects) the paranoia that we all experience, living in a world where we wake up every day and everything is at an orange alert."

Stars expecting Visitors



Flizabeth Mitchell. who plays an FBI agent trying to learn the Visitors true motives. remembers

watching the original miniseries with her parents when she was about 13. "I liked the escape of it," she says, adding she hopes families will also sit down to watch the new incarnation of V together.



Scott Wolf plays a TV journalist chosen by the Visitors to interview with their

V pilot. The prospect of career advancement quickly gets in the way of his jour-nalistic ethics. "Part of the fun of seeing how the character develops will be that relationship between his ambition and his journalistic integrity," he says.



leader in the



11:00 CTV Name 10:30 10:00 Medium "Bite Me" (N CFRN 239 318 etalk HKQ - 370 News (N) BCCBXT - 307 Wheel-Fortune ACKEM 241 347 Law & Order: SVU Flashpoint (N) (DVS) Jeopardy! (N) Wheel-Fortun Ron James (AB) Law & Order (HDTV) (N) CBC News: the fifth estate Dateline NBC CBC News: The National Wheel-Fortune Jay Leno Show The Hour Jeopardy! (N) The Doctors (N Hollywood Ghost Whisperer (N Medium "Bite Me" (N Ugly Betty (HDTV) (N) 8 CTTV 240 339 ET Canada 13 KXLV - 371 4 News at 6 4 News at 6 16 KAYU - 373 The Office Raymond 22 KSPS - 374 NewsHoru With Jim Leher 15 CBCN 502 - CBC News: The National 54 CTVN 501 391 CTV News Tonight 20 TSN 400 400 CFL Footbell Toronto Argon 23 net 408 418 Best Damn Sports Show The Insider (N) Ugly Betty (HDTV) (N) 4 News at 6:30 Entertainment Supernanny (N) 20/20 (N) Two/Half Men Two/Half Men Bill Moyers Journal (N) McLaughlin Jim Thorpe NOW on PBS Being Served CBC News: The National Canada: Above & Beyond (N) CBC News: The National Canada CTV News Hockey Central Flames Week NASCAR Racing: Sprint Cup Dave Despain on Assignment Trackside At. WWE SmackDown! Prank Patrol Prank Patrol That's-Weird Backyardigans Ni Hao, Kai-lan Go, Diego, Go! Wizards-Place (10:26) The Goonies Addams Family Val Babar B ues ★★ (1993, Comedy), Raul Julia Addatis Fathiiy Values*** (1936, Comedy), Raul Judies Babar Big & Small Max & Ruby Dragon (DVS) Wizards-Place Wizards of Waverly Place The Movie (2009) Criminal Minds (HDTV) CSI: Miami (HDTV) Diner, Driveh Diner, Driveh Ramsay's Kitchen Nightmares Scandals of the Ancient World Daily Planet Wizards-Place (10:26) The Good (10:01) Criminal Minds Criminal Minds FOOD 603 561 Bobby Flay Chef Abro DISC 520 505 Man vs. Wild "Vietnam" (N) Unwrapped Bobby Flay Worst Drive | 29 FOOD BUS 901 | Section | Sectio Man vs. Wild "Vietnam" Blood Angels Thirteen Ghsts Dr. Oz Show

2 CFRN 29 318 WS (N) (UVS) CSI: Miami (HDTV) The Rocky Horror Picture Show (1975, Musical Comedy) CTV News															
CSI: NY CSI:		ED						7:30							
Scrubs		60	2	CFRN							The Rocky Horro	r Picture Show (19	75, Musical Come	dy)	CTV News
CSt. Mamma (HDTV)		31/	3	KHQ				ootball Notre Dam					CSI: Miami "Rio"		
CSt. Mamma (HDTV)			4	CBXT					NHL Hockey Det	roit Red Wings at	Calgary Flames. (F	HDTV) (Live)		HNIC: After Hou	rs
Table Total Tota									Grey's Anatomy		CSI: Miami (HDT	V)	CSI: Crime Scen	e Invstgtn.	48 Hr. Mystery
Table Total Tota		E I	7	CKEM					Glenn Martin	Out There	Intern Academy *	(2004, Comedy)	Peter Oldring. (D'	VS)	The City Show
Table Total Tota		eti	8	CITV							Dr. Jekyll & Mr. H.	lyde (2008, Suspe	nse) Dougray Scot	tt.	News Final (N)
Table Total Tota		Ē	13	KXLY	-	371	(6) College Foot	ball Regional Cov	erage. (HDTV) (Liv	ive) The Insider (N)			Entertainment T	ReGenesis	
To CBUN 502 - National males story National males story National males story National males story National males National males	>	₫	16	KAYU	-	373	MLB Baseball: V	Vorld Series, Gam	e 3	Paid Program	Boston Legal		Bones (HDTV)	News	
To CBUN 502 - National males story National males story National males story National males story National males National males	4		22	KSPS	-	374	The Lawrence W	elk Show	May-December	Time Goes By	42nd Street (1933	3, Musical Comedy	<i>i</i>)	NW Profiles	M. Theatre
20 TSN 400 400 (5) Boxing		NS	15	CBCN	502	-	National	Mansbridge	Mamma Mia Sto	ry	National	News: At Issue	National	Mansbridge	Mamma Mia
Part		new	54	CTVN	501	391	CTV News Week	end						CTV News	CTV News
Part	$\mathbf{\alpha}$		20	TSN	400	400	(5) Boxing	CFL Pregame	CFL Football Ca	Igary Stampeders	at BC Lions. From	n in Vancouver.	SportsCentre		
Socre Now		rts							e 3 Yankees at F	Phillies		Sportsnet Con.	Sportsnet Conn	Sportsnet Con.	
14 YTV 552 543 True Jackson To Be Indie Prank Patrol Prank Patrol Prank Patrol Prank Patrol Prank Patrol Mystery Hnt. Myste		sbc						Week (N)	Prelude to the D	to the Dream				NASCAR	NCWTS Setup
45 FAM 557 541 (7:01) Jonas That's-Raven Ned's School Zoey 101 Zack & Cody Han. Montana Ratum to Halloweentown (2006, Comedy) 25 A&E 615 520 Criminal Minds "Poison" CSI: Miami (HDTV) CSI: Miami (HDT			94	SCORE 410 403 Score on NFL Footy S				Footy Show	Hockey Saturday	y					Score Now
45 FAM 557 541 (7:01) Jonas That's-Raven Ned's School Zoey 101 Zack & Cody Han. Montana Ratum to Halloweentown (2006, Comedy) 25 A&E 615 520 Criminal Minds "Poison" CSI: Miami (HDTV) CSI: Miami (HDT	-	>	14					To Be Indie	Prank Patrol	Prank Patrol	Prank Patrol	Prank Patrol	Mystery Hnt.	Mystery Hnt.	Mystery Hnt.
28		Ē	17	TREE	553	546	Bucket-Dinos	Toopy & Binoo	Caillou	Waybuloo	Little Bear	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
25 A&E 615 520 Criminal Minds 'Poison' CSt: Miami (HDTV) C10:011 Criminal Minds Criminal Minds Criminal Minds 29 FOOD 603 561 Chopped Top Chef: Las Vegas The F Word Challenge Chopped Chopped Challenge Chopped Challenge Chopped Chopped	ഗ	<u>4</u>	45	FAM					Ned's School	Zoey 101	Zack & Cody	Han. Montana	Return to Hallow	eentown (2006, Co	medy)
32 DISC 520 505 Canada's Worst Driver Time Warp 'Blades and Volts' Criss Angel Mindfreak Canada's Worst Driver Destroyed	-		25	A&E	615	520	Criminal Minds '	'Poison"	CSI: Miami (HDT	V)	CSI: Miami (HDT	V)	(10:01) Criminal	Minds	Criminal Minds
38 SPIKE 628 584 (5:57) Trading Places ★★ (1983, Comedy) I Bet You Will Disorderly Conduct: Video Disorderly Conduct: Video Bet You Will 39 AMC (6) Dracula ★★★ (1979, Horror) The Fly II ★★ (1989, Science Fiction) Eric Stoltz. (10:45) The Shining 43 SPACE 627 528 The Texas Chainsaw Massacre ★★ (2003, Horror) (9:05) Hallowen II ★★ (1981, Horror) Halloween 3 50 STAR 621 56 America's Next Top Model America's Next Top Model (N) Creeplest Couples TMZ (N) Scream (1996)			29								The F Word				Chopped
43 SPACE 627 528 The Texas Chainsaw Massacre ** (2003, Horror) (9:05) Halloween II ** (1981, Horror) Halloween 3 50 STAR 621 56 America's Next Top Model America's Next Top Model (N) Creepiest Couples TMZ (N) Scream (1996)		_								les and Volts"	Criss Angel Min	dfreak	Canada's Worst	Driver	Destroyed
43 SPACE 627 528 The Texas Chainsaw Massacre ** (2003, Horror) (9:05) Halloween II ** (1981, Horror) Halloween 3 50 STAR 621 56 America's Next Top Model America's Next Top Model (N) Creepiest Couples TMZ (N) Scream (1996)		iet	38	SPIKE	628				omedy)						
43 SPACE 627 528 The Texas Chainsaw Massacre ** (2003, Horror) (9:05) Halloween II ** (1981, Horror) Halloween 3 50 STAR 621 56 America's Next Top Model America's Next Top Model (N) Creepiest Couples TMZ (N) Scream (1996)		/ar			MC (6) Dracula *** (1979, Horror)					The Fly II ** (19					
50 STAR 621 56 America's Next Top Model America's Next Top Model (N) Creepiest Couples TMZ (N) Scream (1996) 161 SUPER The Other End of the Line (2008, Romance) (8.45) When Did You Last See Your Father? *** (2007) Joy Ride 2: Dead Ahead			43	SPACE	627	528	The Texas Chain	saw Massacre **	(2003, Horror)		(9:05) Halloween	// ** (1981, Horr	or)		Halloween 3
The Other End of the Line (2008, Romance) (8:45) When Did You Last See Your Father? ★★★ (2007) Joy Ride 2: Dead Ahead		ap	50	STAR	621	56	America's Next	Top Model	America's Next	Top Model (N)	Creepiest Coupl	es	TMZ (N)		Scream (1996)
		3	161	SUPER			The Other End of	the Line (2008, R	omance)	(8:45) When Did	You Last See You	r Father? *** (2	007)	Joy Ride 2: Dead	Ahead

	ED	C		В	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
Ī	6	2	CFRN	239	318	Degrassi: TNG	Degrassi: TNG	Cold Case "WAS		The Amazing Ra		Desperate House		CTV News
	11/1/09	3	KHQ								e ★★ (2004, Adventure) Nicolas Cage, Diane Kruger.			
	=	4	CBXT			Heartland (N) (D		Battle of the Blades (N) The Nature of T			nings (N) CBC News: Th			fifth estate
			KREM			KREM 2 News a	t 6 (N)	60 Minutes (HDTV) (N)		The Amazing Race 15		Three Rivers (HI		Cold Case (N)
	primetime	7	CKEM			Survivorman				Extreme Makeov		Conviction Kitch		Most Amazing
	eti	8	CITV	240		16:9 Picture	Prod. Parker	Brothers & Siste				der (2009, Comed)		News Final (N)
	Æ	13	KXLY			News	Storm Stories	Funniest Home \		Extreme Makeov		Desperate House		Brothers
	۵	16	KAYU						Yankees at Phillies Paid Program Raymon		Raymond	House "No Reason"		News
>			KSPS	8		Lark Rise to Car		Nature (HDTV) (N	N) (DVS)	Masterpiece Cor		OVS)	Yellowstone	MI-5
⋖	news		CBCN			CBC News: The		The Berlin Wall				CBC News: The		The Berlin Wall
	ne		CTVN			CTV News Week	end		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	"	20	TSN			Boxing (HDTV)		SportsCentre (H			Triathlon: Ironma		NFL Films	Timbersports
7	sports	23	net									Sportsnet Connected		PartyPoker.net
	sbo					Wind Tunnel-De					Wrecked	Wrecked	SuperCars	
		94				(6) MMA Fight N				FullTiltPoker.net				Score Now
$\overline{\mathbf{n}}$	>	14	YTV					ices of Shia LaBeo		Prank Patrol	H2O, Just Add	In Real Life		Survive This
ינט	family						Miss Spider	Pocoyo	Caillou	Waybuloo	Dragon (DVS)	Backyardigans		Go, Diego, Go!
Į	42	45	FAM			(7:01) Jonas	Overruled! (N)		Zoey 101	Zack & Cody	Han. Montana		97, Science Fictio	
		25	A&E			Criminal Minds				CSI: Miami (HDTV)		(10:01) Criminal Minds		Criminal Minds
						Iron Chef Ameri	ca			Restaurant Makeover		Get on Plate Food Detective		Iron Chef Am.
	>					Race to Mars				Anthony Bourda		Race to Mars		Race to Mars
	variety			628		CSI: Crime Scen				CSI: Crime Scen	e Invstgtn.	CSI: Crime Scene Invstgtn.		CSI: Crime Scn
	Val		AMC			(5) Outbreak (19)		Mad Men (HDTV)		(9:02) Mad Men		(10:03) Breaking		Mad Men
	<u>e</u>							Clock" (Part 1 of 3)			Room (Part 2 of 3)		(10:40) The Los	
	cable				56	Creepiest Coupl				96, Horror) Neve (Extra
Į		161	SUPER			The Closer (HDT	V)	Bordertown (2007	', Mystery) Jennife	r Lopez, Martin Sh	een.	Beyond Sherwoo	d Forest (2009) Ro	obin Dunne.

Look great. Feel great. Lose weight. Lose # 20 lbs, guaranteed. Call for your free, no-obligation consultation 1-800-322-1643 Herbal Magic

Service Directory To advertise call 780-702-0592

FINANCIAL



refused, quick and easy, payable over 3, 6, or 12 installments.

Call toll free: 1-877-776-1660

900 LIKE GETTING BAD NEWS FIRST, WE'VE GOT GOOD NEWS FOR HOLL

m.metrenews.ca

HEALTH & WELLNESS



Sandler in drag

28 movies & entertainment Adam Sandler is preparing to step into a woman's shoes and don drag for a gender-bending new comedy. The actor has signed up for a double role in Jack and Jill, a romantic comedy about twins, portraying both the male and female title characters. FEMALEFIRST.CO.UK

Going Out

Mix of Six

Eskimoes vs. **Argonauts**

Friday, Oct. 30 7 p.m. at Commonwealth Stadium

The Eskies play their final regular season home game tonight against the Toronto Argos. For those without tickets, show your unused 2009 season's tickets for a seat at the game.

I Love 80's Halloween Dance

New City Suburbs, doors at

Celebrate the 80's with the halloween edition of Capital Burlesque's titillating burlesque review.

Haunted Museum

Saturday, Oct. 31 1-4 p.m., Art Gallery of

The Art Gallery of Alberta will unleash an army of zombies for its kid-friendly haunted house, featuring mask-making and other

Salsa Freaks

Saturday, Oct. 31 Northgate Lions Centre, 8:30 p.m.

Escape to a tropical paradise with live Latin music this Halloween for Salsa Addiction's Salsa Freaks party. Tickets are \$16.75 at Tix on the Square, or \$20 at the door.

We Care Sumatra Fundraiser

Duggan Community Hall,

Hosted by the Edmonton Indonesian Community Associate, this cultural banquet is to fund earthquake relief on the island of Sumatra. Tickets are \$27, available at Tix on the Sauare.

Anger Night

Sunday, Nov. 1 Leva Cafe, 7:30 p.m.

Literary iournal HERMEN encourages you to show your anger at their poetry reading, featuring several local poets including Edmonton rapper "The Joe" Gurba.

Metro's 7th Heaven: Metro taps what's hot right now

New Moon OST

ALBUM The Twilight franchise is finally showing some teeth, thanks

to a dose of indie blood. The soundtrack features big names like Death Cab For Cutie and Thom Yorke, and more obscure ones such as Lvkke Li. It's all brooding, heartbreak stuff and may well bring many vampire-resistant young ones to the New Moon pack. Standout tracks: A White Demon Love Song (The Killers) and Slow Life (Grizzly Bear).

for the Halloween weekend.



The Men Who Stare At Goats FILM Yes, George Clooney is one of the guys who can kill goats by just staring at them. In the tradition of Dr. Strangelove, the film is a send-up of all things war and military — in this case, the absurdity arises from a secret army op where psychic soldiers are trained to become "Warrior Monks." Also starring Jeff Bridges, Ewan McGregor and Kevin Spacey.

A History of Ghosts: Peter H. Aykroyd with Angela Narth **BOOK** Now we know where Ghostbusters came from. Comedian Dan Aykroyd's dad digs deep into his family history to come up with tales of séances, mediums and ghost hunters, stories that had been an inspiration for the '80s blockbuster. A perfect read

Balloon Boy Kit

COSTUME This Halloween you can be Falcon Heene. Following the six-year-old boy's fake disappearance in a makeshift hot-air balloon, a Saskatoon company is selling the Balloon Boy Halloween Kit for just \$19.99. The kit includes a 38-inch Mylar balloon, a laser-cut gondola and

an instruction sheet. Customers provide their own helium, string and a cardboard box.

Epicurious.com

NEBSITE If you are a foodie, then this site is a must visit. Since Monday, Epicurious.com has started collecting hundreds of recipes from the world's top chefs and cookbook authors. The sneak-peek at upcoming cookbooks will also allow consumers to test-drive recipes before investing in the whole volume.

Monty Python: Almost The Truth DVD The Fab Six of comedy get a documentary they deserve. Also airing as a six-part special on IFC, the film is a warts and all look at what made the always hilarious collective of John Cleese, Graham Chapman, Eric Idle, Michael Palin, Terry Jones and Terry Gilliam tick. Dozens of celebrity fans such as Jimmy Fallon, Eddie Izzard and Stephen Merchant join in to pay their respects.

DJ Hero GAME Do you get scratch fever every time you see a turntable? Then this one's for you. As the name suggests, the game's based on the Gui tar Hero premise - follow the onscreen red-blue-and-green cues and hit the right buttons to keep the beat



At LASIK MD, we correct:



Nearsightedness

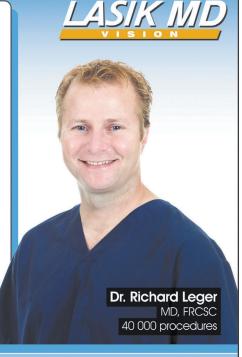


Farsightedness



LASER VISION CORRECTION

Financing available



Calaary

FREE Consultation: 780-702-2020 • www.lasikmd.com

EDMONTON: 10200 - 102 Avenue, Suite C107

Prices are subject to change without prior notice. Prices vary based on prescription strength, Applicable to surgery on both eyes only,

Halifax | Montréal | Ottawa | Toronto | Winnipeg |



Spooky specials: TV offers a chilling lineup

There are plenty of chills and cheese on TV leading up to Halloween on Satur day with specially-themed episodes and macabre movie marathons.

Adults looking for laughs can tune into SNL Presents the Best of Halloween's Past on Global on Saturday.

Series television gets into the swing of things as well, with CTV's Ghost Whisperer and Medium both referencing horror film classics on Friday's episodes. The mythical headless horseman from The Legend of Sleepy Hollow haunts Melinda on Ghost Whishaunts perer while Medium's Allison has vivid nightmares that insert her into scenes from Night of the Living

Tonight, the spookfest in-

ATGOATS



Tim Curry as Dr. Frank-n-Furter in The Rocky Horror Picture Show. CTV will air a digitally remastered version Saturday.

cludes CTV's The Mentalist, with a ghost and haunted mansion at the heart of a murder investigation, while Ann on CityTV's Parks and Recreation struggles to pull together a Halloween party. Movies on tap include CTV's high-definition broadcast of The Rocky Horror Picture Show; the campy classic has been digitally remastered just in time for Halloween on Saturday. The outrageous 1975 musical begins as a young couple, Brad (Barry Bostwick) and Janet (Susan Sarandon) are stranded at the home of the mad scientist Dr. Frank-N-Furter (Tim Curry).
The kitschy fun is fol-

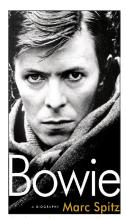
lowed on CTV by The Mothman Prophecies. Space will have the 2003 remake of Texas Chainsaw Massacre.

THE CANADIAN PRESS



movies&entertainment 29

Entertainment



Check out the new David Bowie bio by Marc Spitz.

David Bowie biography illuminating

MUSIC David Bowie knows what he's singing about when he performs Changes.

After making a big splash in the early 1970s as Ziggy Stardust, he went on to become the Thin White Duke, an artsy Berlin angst rocker, the "straight" Bowie of Let's Dance and more recently the distinguished rock elder who goes to fashion events with his model wife, Iman.

The career full of characters obscures the less fantastic, but very interesting, back story of David Jones, a British teen in the 1960s who desperately

wanted to make it big.

He joins some R&B bands, dabbles in acting and mime, changes his last name to Bowie and records a painful-to-single, The listen-to Laughing Gnome, seems to channel Alvin and the Chipmunks.

Nothing in particular sticks until he records the 1969 single Space Oddity. Bowie later goes all-in with his pioneering glam character Ziggy, the one with the screwed up eyes snow-white Bowie never looks back, never stops changing.

Spitz, a music journalist, does a decent job of tracking Bowie's evolution through copious research and interviews with dozens of people who knew him.

But be warned: Spitz is not big on narrative and crafting scenes. Events are recounted through gushy quotes from chums Worse, Spitz has the habit of interrupting Bowie's story with vignettes about his own story. Who cares?

The result: A book both interesting and irritating.

THE ASSOCIATED PRESS

No school, no trust fund, Slumdog stars told

The two child stars of Slumdog Millionaire are at risk of losing their monthly stipend and their trust fund if they don't start attending school, a trustee for the fund said Thursday.

Azharuddin Mohammed Ismail, 11, is only showing up at school 37 per cent of

the time and Rubina Ali, 9, life slums. has only a 27 per cent attendance rate, the trustee said.

"It's pathetic," said Noshir Dadrawala, who helps administer the Jai Ho trust established by the filmmakers to provide an education, living allowance and housing for the young stars, who grew up in Mumbai's real-

Dadrawala blamed the children's busy schedule for their chronic truancy.

They are constantly going to Paris and Cochin and Chennai," he said. "That's fine, but go over the weekend, not at the sacrifice of school."

He said the trust decided

get their attendance above 70 per cent they will lose their monthly stipend of about \$120. If they fail to graduate, they will forfeit a lump sum payment set aside by the filmmakers to help the children, who grew up in one of Mumbai's more wretched slums, get a

The filmmakers have declined to reveal the amount in the trust for fear of exposing the families to exploitation.

Azhar's mother, Shameen Ismail, said "As long as I'm alive, I will make sure my son gets an education," she THE ASSOCIATED PRESS

Switching your home phone to Shaw is easy, especially when you hear the price.

Switch today and save. Call 310-SHAW.



It's easy to switch — we'll take care of everything and you keep your current phone number. You get great long distance rates, Call Display, free installation and service calls.

Switch now and save

24/7/365SERVICE TSX 60 / NYSE



30 movies&entertainment



what severed

own moral

from

my

Hugh Jackman has a happy marriage because he has date nights. Jackman has been married to Deborra-Lee Furness since 1996 and says they always make time to just be with one another, femalefirst.co.uk reports. METRO NEWS SERVICES

Boteach, whose morality-

centered-and-values-based

advice, coupled with his

profound commitment to

fatherhood and family, I

agreed to a forum at

New York's West Side

Synagogue this Sun-

day where he in-

cred space to those

whom he has

Gosselin says he has

deeply respect.'

Celebrity Buzz

Miley the worst celeb influence

BACKLASH Miley Cyrus' dabbling in risque behavior may be catching up with her. With a whopping 42 per cent of the vote, fans at AOL's teen site, Just So You Know, picked Cyrus as the worst celebrity influence of 2009. Cyrus handily beat out Britney Spears and Kanye West,



Gosselin shows regret, humility

ty star Jon Gosselin admits he got "carried away by the challenges of fame and is consulting with a rabbi to "reconnect with my deeper, more spiritual, more altruistic self," usmagazine.com reports.

In a statement, the father of eight, 32, tells the website, "I am troubled to learn that the media has accepted as true the scurrilous rumour that I would appear in a reality televiprogram with Nadya Suleman. This is utterly false.

"I do, however, accept that some of my previous actions have in some

dence ried away by such outrathe lenges geous stories. further accept that I this have allowed mvself to become some-

of fame. "It is for reason that I have endeavored of late to reconnect with my deeper, deeper, more spiritual, more altends to publicly apologize in a satruistic self with regular study sessions counsel-

chal-

METRO NEWS SERVICES

hurt

Trumps know how to party

Hugh's happily-ever-after secret

MARRIAGE The celebrating isn't over yet for newlyweds Ivanka Trump and Jared Kushner, who tied the knot on Sunday, A post-wedding reception hosted by the groom's parents — Seryl and Charles Kushner, a New Jersey realestate developer — was

held Wednesday night at the historic Puck Building in New York City, people.com reports.

"It was really beautiful in there," the bride's brother, Eric Trump, 25.

told People METRO WORLD NEWS

Foxx too old?

DATE SOMEONE YOUR OWN DECADE Famous or not, Jamie Foxx insists he has trouble meeting potential girlfriends because of his age.

'What's weird is when you meet a girl who is 23 and you are talking to her, even her voice is high-pitched, she's young," he tells the Daily Express. "You

ask her how old she is, she says, '23, how old are you?' and when I tell her I'm 41 it's like I've just told her I have cancer. 'Oh my God, how long have you had that?

> METRO WORLD NEWS



Celebrity tweets

Samantha Ronson's fans worry her, Pink could use a towel, Ki Kardashian knows what she likes, and Sarah Brown is late for a very important date.

what i learned today: i apparently have a lot of

serial killers following me;)

I just spilled an entire bowl of piping hot tomato soup all over myself.

@KimKardashian

Do u guys know of any other Forensic murder

crime scene shows? I love them

have left it very late and now rushing to get ready for big state dinner - thankfully have a beautiful dress to put on so

Kate and Alex love sex, dirty talk

HOW ORIGINAL When he's not playing in the World Series, Alex Rodriguez another has favourite activity - and it involves girl-friend Kate Hudson

love "They a source tells Us Weekly. "They talk about it all



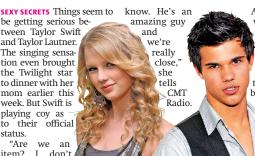
te gets talking Kate changing the Yangraphic about his body, even to her parents. free-spirited. Meanwhile, driguez's

kees slugger for the better. "He's less of a jerk," a pal jokes. "He's also more

METRO WORLD NEWS

be getting serious between Taylor Swift and Taylor Lautner. The singing sensation even brought the Twilight star to dinner with her mom earlier this week But Swift is playing cov as official their status.

"Are we an item? I don't



Two Taylors still mum on hookup

And as for the film they were working on when they met, Swift says she's looking forward to seeing it: "I haven't seen Valentine's Day at all. So hopefully we'll get to do a private screening because we both wanna see it so bad because our scene was so much fun to do." METRO WORLD NEWS

No wedding bells for Mary-Kate: Rep

for a nice movie scene boyfriend pops question over romantic dinner in Paris while ring lies buried in a box of chocolates but don't be fooled by a supermarket tabloid story that wedding bells will soon ring for Mary-Kate Olsen, people.com reports.

Olsen, who has been dating Nate Lowman since after they met through mutual friends, is rep says. engaged neither preparing a prenuptial agreement. despite published reports.

ship

is

though "Even this information continues to be reported as 'fact,' the stories regard-Mary-Kate being engaged are not in any way accurate," Olsen's



mogul, 23, and her beau have been a fixture on the New York nightlife scene and most recently attended Paris Fashion Week together.

She'll next be seen onscreen in Beastly. costarring Neil Patrick Harris and Vanessa Hudgens.

METRO WORLD NEWS

Third time's a charm for Brit

GETTING SERIOUS Britney Spears may be considering a third walk down the aisle, as things are getting serious with her foragent boyfriend, Jason

Trawick.
"Britney and Jason have really hit it off," a source tells Us Weekly. "Britney is saying



NEWS





Saturday 8 c / -2







movies&entertainment 31

1	2	3		4	5	6		7	8	9	10	11
12				13				14				
15				16			17					
18				19				Г				
20			21		22				23	24	25	26
			27	28			29	30				
31	32	33						34				
35					36		37					
38					39	40			41	42	43	44
				45				46		47	Γ	
48	49	50	51							52		
53						54				55		
56						57				58		

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3			1	2			9
7	9	4			2	1	8
		9	4	6	7		
6							1
		2	9	8	6		
1	6	8			3	9	5
2			8	3			7

1 Cauldron 4 Harvest goddess 7 One of Franklin's certainties 12 Inseparable 13 Tear 14 Pond buildup 15 Felonious flight 16 Keeps changing one's mind 18 Shrill bark 19 Nimble

20 Front of a ship 22 Matterhorn for one

23 Spill the beans 27 Rowing need 29 Private gesture? 31 Extra benefit

34 Orion's brightest star 35 Put through the blender. maybe 37 Morsel

38 Prayer ending 39 — Khan 41 Region

45 Concerning 47 Buddy 48 Pancakes

52 "Hail!" 53 Blood line?

54 Mauna -55 Journey segment

56 Oil of roses 57 Bobby of hockey lore

58 Crafty

1 Coral producer 2 Where the elated walk 3 Beat

4 Composer Carl 5 Post

6 Sales pitch 7 Loony 8 Right angle

9 Past 10 Spigot 11 Father and son

17 Energizes. with "up" 21 Made on a loom

23 A big rush 24 Drag along

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

3 8

7

6 9

8

6 5 9

2 3

25 Noshed 26 — canto 28 Nay canceler 30 Jackie's

second mate 31 Coll. transcript stat 32 Piratic potation

33 Exist 36 Carvey or De lany 37 "Deal or No

Deal" fixture 40 Insurance ad lizard

42 October birthstones 43 Bellybutton

44 Plaintive poem

45 Open slightly 46 Despot

48 Sky safety org. 49 Parcel of land

50 Museum stuff 51 Bake sale grp.

4 7

6 2 5

3 9 8 6

2 6 3

8 4 1 7 2 3

THANK YOU

FOR DYING

3 9 2 4 9

8 9

Take Five



Pecan-Crusted Salmon

INGREDIENTS

4 salmon fillets (about 6 oz/170 g each) 2 cups (500 mL) milk 1 cup (250 mL) finely chopped pecans 1/2 cup (125 mL) allpurpose flour 1/4 cup (50 mL) packed brown sugar 2 tsp (10 mL) seasoned salt 2 tsp (10 mL) pepper 3 tbsp (45 mL) canola oil METHOD:

1. Place salmon fillets in large resealable plastic bag; add milk. Seal bag and turn to coat. Let stand 10 minutes: drain 2. Meanwhile, in shallow bowl, combine pecans, flour, brown sugar,

seasoned salt and pepper. Coat fillets with pecan mixture, gently pressing into fish.

3. In large skillet, brown salmon in oil over medium-high heat. Transfer to 15-in. x 10-in. x 1-in. (38 cm x 25 cm x 2.5 cm) baking pan coated with nonstick cooking spray. Bake at 400°F (200°C) 8-10 minutes or until fish flakes easily with fork **SERVES 4**

rd.ca

For nutritional infor mation on this and other great recipes, go to **rd.ca** or check out Key Ingredients



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES MARCH 21-APRIL 20

You tend to rush into situations without thought for the consequences, but over the next few days you'll be a lot more cau-

LIBRA **SEPT 23-OCT 23**

Saturn is moving into your birth sign and for the next cou-ple of years you will be challenged in all sorts of ways

TAURUS

APRIL 21-MAY 21 Let down your hair and have fun today. You have been too caught up in your everyday schedule, and other people's problems.

SCORPIO

OCT 24-NOV 22 Someone is trying to lull you into a false sense of security so they can profit from your mistakes, so be on your guard.

GEMINI

On the web

MAY 22-JUNE 21 As Saturn moves away from the domestic area of your chart you will find it easier to get along with others.

SAGITTARIUS NOV 23-DEC 21

You won't lack for confidence today but watch out you don't overdo it and scare away someone who has a lot to offer.

CANCER JUNE 22-JULY 22

Speak your mind by all means but don't go to extremes and if you must be controversial at least wait until next Monday's fill moon has come and gone

CAPRICORN DEC 22-JAN 20

As Saturn, planet of limitation, enters the career area of your chart it is likely that people of authority will make things tough for you.

LEO JULY 23-AUG 23

Others will lose out over the next few days while you gain in power and prestige. Leos are ambitious.

AQUARIUS

JAN 21-FEB 18
Throw caution to the wind and do something that will get you noticed. Relationships of all kinds will go well today and with Mars motivating you.

VIRGO AUG 24-SEPT 22

You are as entitled to have fun as anyone else and from the look of your chart you will be having as much fun as everyone else put together.

PISCES

FEB 19-MARCH 20

Too often in the past you have changed your plans to make others happy, but now others will have to adapt to fit in with your needs and desires.

Futon 2000

Receive \$500

in rebates for gas or food with the purchase of a futon!











TRICK OR

F O R YOUR EYES

















































\$99 / pair

\$30 / fitting







10724 Whyte Ave, Edmonton, AB T6E 6P4 60, 19 Bellerose Dr, St. Albert, AB T8N 5E1 10360 Jasper Ave, Edmonton, AB T5J 1Y7

780.437.2020

780.439.2020 780.459.2020

\$129

while supplies last

\$198 / 2 pairs

\$0 / fitting

\$198

while supplies last